The California Mental Health Services Authority (CalMHSA) is an organization of county governments working to improve mental health outcomes for individuals, families and communities. Prevention and Early Intervention programs implemented by CalMHSA are funded through the voter-approved Mental Health Services Act (Prop 63). Prop 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California’s diverse communities.
Campus and Program Overview
The Butte-Glenn Community College District consists of three campuses across semi-rural Butte and Glenn Counties in north-central California, serving over 20,000 students each year. The District’s student mental health project, Butte-Cares, will address the needs of a diverse student population with increasing vulnerabilities and challenges related to mental health and wellness. Butte-Cares aims to accomplish this through faculty and staff training; increased collaboration with community and regional collegiate partners; development of a peer-to-peer mentoring program; and campus-wide events, conferences and trainings to raise awareness about student mental health and resources. These initiatives will be instrumental in delivering Prevention and Early Intervention (PEI) strategies and services that will successfully address the mental health needs of students.

Program Outcomes

Faculty and Staff Training
- 210 faculty/staff trained in suicide prevention and general mental health awareness

Suicide Prevention Training
- At-risk interactive online training for students, faculty and staff

Increase Collaboration
- Conduct Student Mental Health Regional Strategizing Forum with surrounding community and state college campuses

Program Outreach and Awareness Efforts
- Conduct annual mental health conference
- Website for training, resources and support

Development of Peer-to-Peer Resources
- Train 500 peer mentors utilizing BACCHUS (peer education) model
- Social networking among 4,000 students

Program Strategies
- Evidence-based training
- Website development
- Increasing campus-wide awareness

Program Methodology
- Annual mental health conference
- Wellness Recovery Action Plans (WRAP)
- Peer-to-peer mentoring
- Regional Strategizing Forums

Populations Served
- International students
- Veterans
- Foster youth
- Native American
- Latino
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students

Collaborative Partners

Campus-based Partners
Mental Health Advisory Committee; Learning Resource Center; Center for Academic Success; Extended Opportunity Program and Services (EOPS); CalWORKS; Veterans Resource Center; Disabled Student Programs and Services (DSPS)

Community-based Partners
Butte County Department of Behavioral Health; Glenn County Health Services Agency; California State University at Chico; North Valley Catholic Social Services; Chico CalMHSA Advisory Board; Stonewall Alliance; Catalyst

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# College of San Mateo
## Campus Based Grant Profile

### Campus and Program Overview
College of San Mateo (CSM), located in San Mateo County in the San Francisco Bay Area, serves a diverse body of over 10,000 students annually. College of San Mateo has documented an alarming increase in the number of students experiencing serious mental health challenges, particularly among students younger than 18, student veterans, and lesbian, gay, bisexual, transgender and questioning (LGBTQ) students. CSM seeks to change the campus climate, reduce stigma, and improve their ability to respond to threats of violence with prevention and early intervention strategies. The college's student mental health project, CSM Cares, aims to increase staff and faculty capacity to implement student behavioral interventions; improve threat assessment and communication systems; develop a peer-to-peer program; and, increase collaboration with community partners.

### Program Outcomes

#### Threat Assessment and Intervention Training
- Trained staff on threat assessment tools and de-escalation/behavioral intervention strategies

#### Campus-wide Awareness Efforts
- Publicize mechanisms to report and respond to threats of violence
- Online resources for faculty, staff and students

#### Development of Peer-to-Peer Resources
- Peer educator and mentoring program development

### Populations Served
- Veterans
- Transitional aged youth (under 18)
- Foster youth
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students

### Collaborative Partners

#### Campus-based Partners
- Health and Psychological Services Center; Threat Assessment Team; Campus Security; Disabled Students Programs and Services (DSPS); Academic Senate; Transition to College Program; Extended Opportunity Programs and Services (EOPS); CalWORKs

#### Community-based Partners
- San Mateo County Behavioral Health and Recovery Services; Caminar for Mental Health; Prevention & Recovery in Early Psychosis (PREP); Department of Veterans Affairs; Richmond Area Multi-Services (RAMS); Al-Anon; Al-Ateen; San Bruno VA Outpatient Clinic; California Department of Rehabilitation; National Alliance on Mental Illness (NAMI)

### Program Strategies
- Evidence-based training
- Website development
- Improving crisis response capacity
- Increasing campus-wide awareness
- Improving cultural responsiveness

### Program Methodology
- National Behavioral Intervention Team Association (NaBita) threat assessment tool
- Strengthen campus capacity to respond to threats of violence and critical student emergencies
- Adapt existing best-practice peer-to-peer curriculum

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College of the Canyons
Campus Based Grant Profile

Campus and Program Overview
College of the Canyons (COC) serves the Northwest portion of Los Angeles County, known as the Santa Clarita Valley. COC has one of the fastest growing enrollments in California, now serving a diverse student population of over 23,000. The COC’s Student Mental Health Initiative will conduct staff and faculty trainings, suicide prevention trainings and awareness and peer-led education to address a sharply increased prevalence of serious student mental health concerns. In addition, COC will increase dialogue and collaboration between community mental health resources and partners in Northern Los Angeles County.

Program Outcomes
Suicide Prevention Training
- At-risk interactive online training for students, faculty and staff
- Trevor Project, training focused on mental health of Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students

Increase Collaboration
- Launch community mental health consortium to increase dialogue among community providers and colleges
- Host annual student mental health regional strategizing symposium for area colleges

Program Outreach and Awareness Efforts
- Conduct monthly, peer-led health and wellness seminars
- Six-week series on mental health challenges and coping skills
- Two Active Minds awareness events per semester
- Website for training, resources and support

Development of Peer-to-Peer Resources
- Train 500 peer mentors utilizing BACCHUS model; social networking among 4,000 students

Program Methodology
- Interactive online suicide prevention training
- Trevor Project training
- Peer-led wellness seminars
- On-campus National Alliance on Mental Illness (NAMI) chapter
- Community mental health consortium

Populations Served
- Veterans
- Low-income
- LGBTQ students

Collaborative Partners
Campus-based Partners
Student Health and Wellness Center; Veteran’s Office; Behavioral Intervention Team (BIT); Mental Health First Aid (MHFA); BACCHUS Network; Student Nutrition and Wellness Advocates (SNAC); Disabled Student Programs and Services (DSPS); Extended Opportunity Programs and Services (EOPS)

Community-based Partners
Los Angeles County Department of Mental Health (LACDMH); Child and Family Center; California State University at Northridge; California State University at Los Angeles; Crisis Oriented Recovery Services (CORS)

Program Strategies
- Evidence based training
- Increased campus resources
- Increasing campus awareness
- Increasing collaboration and dialogue

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The California Mental Health Services Authority (CalMHSA) is an organization of county governments working to improve mental health outcomes for individuals, families and communities. Prevention and Early Intervention programs implemented by CalMHSAs are funded through the voter-approved Mental Health Services Act (Prop 63). Prop 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California’s diverse communities.
College of the Desert
Campus Based Grant Profile

Campus and Program Overview
College of the Desert (COD), located in Riverside County, is comprised of three campuses and has an enrollment of nearly 10,000 students. Riverside County has been particularly impacted by the downturn in the economy and has a 12.7 unemployment rate, one of the highest in California. Due to the college’s limited resources to address the significant and increasing mental health issues among students, it will utilize a SMHP Campus-Based Grant to expand and enhance mental health services. COD will conduct a needs assessment of underserved students, increase collaboration with local services, and utilize current technology to reach a higher number of students. Additionally, COD will train staff and faculty and implement a peer-to-peer program to foster early intervention to prevent mental health crises. A focus on suicide prevention, depression and increasing access to services will emphasize specific outreach to student veterans and a large, uninsured Latino population.

Program Outcomes
Faculty and Staff Training
• Focus on awareness, suicide prevention and early intervention
Suicide Prevention Training
• At-risk interactive online training for students, faculty and staff
Program Outreach and Awareness Efforts
• Annual Survivors of Suicide Day
• No Stress-Out Day
• Enhanced website
Development of Peer-to-Peer Resources
• Collaborate with on-campus student groups to provide peer-led trainings on suicide prevention and early intervention

Program Strategies
• Evidence based training
• Website development
• Increasing awareness and outreach activities
• Increased collaboration with internal and external partners
• Enhanced MFT internship to increase capacity to deliver services

Program Methodology
• Interactive online suicide prevention training
• Applied Suicide Intervention Skills Training (ASIST)
• Peer-to-peer training
• Annual awareness events

Populations Served
• Veterans
• Low-income, uninsured
• Latino

Collaborative Partners
Campus-based Partners
Active Minds chapter; Gay Straight Alliance (GSA); National Alliance on Mental Illness (NAMI) chapter; Office of Student Life; Student Veterans Center; Veterans Club; Disabled Student Programs and Services (DSPS); Behavior Assessment and Intervention (BAIT) Team; Transition Aged Youth (TAY) Program

Community-based Partners
Riverside County Department of Mental Health; Veterans Administration Services; Jewish Family Services; CalMHSA; NAMI; American Foundation for Suicide Prevention; California Department of Rehabilitation’s Mental Health Employment Collaborative; Oasis Integrated Services & Recovery Center; Lesbian, Gay, Bisexual and Questioning (LGBTQ) support group; Coachella Valley Sexual Assault Services

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Campus Based Grant Profile

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Campus and Program Overview
Columbia College (a campus of the Yosemite Community College District) is located in the Sierra foothills town of Sonora. The college serves over 5,000 students who reside in the three counties of Tuolumne, Calaveras and Stanislaus, an area that encompasses over 3,000 square miles. This area in Northeastern California is very rural and comparatively economically depressed, presenting transportation barriers for attendance. Columbia is the singular post-secondary school in the area and most students are first-generation college attendees. Tuolumne County has one of the highest suicide rates in California: 24% in 2011. The Columbia College Mental Wellness (CCMW) project focuses on the following strategic implementations: suicide prevention training; student wellness activities; improving capacity to assess threats of violence and intervene early; and the development of peer-to-peer resources.

Program Outcomes

Faculty and Staff Training
- 100% of faculty and staff will be trained in mental health first aid

Suicide Prevention and Threat Assessment Training
- Establish Behavior Intervention Team (BIT); Campus Assessment, Response and Evaluation (CARE)
- At-risk interactive online training

Peer Support
- Question, Persuade and Refer (QPR); Motivational Interviewing (MI) and Applied Suicide Intervention Skills Training (ASIST) training for Peer Social Support (PSS) teams

Campus-wide Awareness Efforts
- Bi-annual wellness fair
- Monthly wellness activities

Program Methodology

- Holistic approach to wellness
- Evidence based and culturally competent approaches

Populations Served

- Veterans
- Low-income
- First-generation college students
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students

Collaborative Partners

Campus-based Partners
Health Services Office (staff is certified QPR trainer); Outreach Coordinator; Campus Security; Columbia College Foundation; Student Nutrition Club; Student Senate; Gay Straight Alliance (GSA)

Community-based Partners
Tuolumne County Behavioral Health Department; Mental Health Services Authority (MHSA) Suicide Prevention Taskforce; Tuolumne County Public Health; Sierra Hope; Center for a Nonviolent Community; Tuolumne County Office of Education Student Health Taskforce; University of California at Merced; California State University at Stanislaus

Program Strategies

- Evidence based training
- Improving crisis response capacity
- Peer-to-peer support

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Campus and Program Overview

Cuesta College is located in San Luis Obispo (SLO) County in the Central Coast region of California. With over 30% of its 12,000 students consisting of minorities, Cuesta College serves groups vulnerable to mental health and wellness challenges, including low-income, veteran, and foster-care youth. The Cuesta College student mental health program, *Creating Spaces*, is designed around Prevention and Early Intervention (PEI) strategies that address the mental health and wellness needs of students, and advances collaboration between local community colleges and county mental health services.

Cuesta College hopes to accomplish this by enhancing awareness among faculty and staff, and by strengthening the response capacity to crises associated with student mental health. These initiatives will be instrumental in delivering PEI strategies and services that will successfully address the mental health needs of students.

Program Outcomes

Faculty and Staff Training
- 10% faculty, 20% staff trained in student mental health specific content (e.g., warning signs, crisis intervention and referring)
- 10 faculty and staff trained as trainers in mental health first aid

Suicide Prevention Training
- At-risk interactive online training for students, faculty and staff

Program Outreach and Awareness Efforts
- Host bi-annual mental health and suicide awareness weeks
- Live website for training and support

Development of Peer-to-Peer Resources
- Establish Active Minds chapter on campus

Program Methodology

- At-risk interactive online suicide prevention training
- Mental health first aid
- Student Incident Response Team (SIRT)
- Active Minds chapter
- Awareness weeks

Populations Served

- Veterans
- Foster youth
- Low-income and low-readiness students
- Disabled Student Programs and Services (DSPS) students
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students

Collaborative Partners

**Campus-based Partners**
Disability Student Programs and Services (DSPS); Campus Health Center; Public Safety; Student Services Administration; Counseling; Extended Opportunity Programs and Services (EOPS); California Work Opportunity and Responsibility to Kids (CalWORKs); Student Life and Leadership; Faculty Professional Development Committee; Academic Division Chairs

**Community-based Partners**
San Luis Obispo County Behavioral Health; Drug and Alcohol Services; San Luis Obispo County Behavioral Health; Transitions Mental Health Association; Veteran’s Services; Independent Living Program (ILP); Local school districts (high school counselors)

Program Strategies

- Evidence-based training
- Website development
- Improving crisis response capacity
- Increasing awareness and outreach activities
**Campus and Program Overview**

Fresno City College and Reedley College campuses are located in and near Fresno in the Central Valley region of California. Together, the colleges serve over 30,000 students across the semi-urban area of Fresno and surrounding rural areas. The campuses and their collaborating partners in the State Center Community College District seek to formalize a Student Mental Health Consortium as a means to more effectively leverage training opportunities, services and shared information and resources to address significantly rising needs among students for mental health services. Fresno City and Reedley Colleges will implement training of faculty and staff, a peer-to-peer support program and a multi-level system to prevent suicide, and will place a special focus on meeting the mental health and wellness needs of higher risk students, including veterans, foster youth, students with disabilities and underserved minority students.

### Program Outcomes

**Faculty and Staff Training**
- Training on best practices to serve military veterans
- Training on the impact of “invisible” disabilities
- Training on culturally competent clinical interventions

**Suicide Prevention Training**
- Multi-level prevention strategy to include stigma reduction, depression screening and at-risk interactive online training

**Program Outreach and Awareness Efforts**
- Stigma reduction program focused on stress, anxiety and depression

**Development of Peer-to-Peer Resources**
- Student-driven mental health campaigns based on BACCHUS Network
- Establish Active Minds chapters

### Program Methodology

- At-risk interactive online suicide prevention training
- Stigma reduction
- Active Minds chapter
- Peer-to-peer support

### Populations Served
- Veterans
- Foster youth
- Disabled Student Programs and Services (DSPS) students
- Minority students

### Collaborative Partners

**Campus-based Partners**
- Student Actives; Disabled Student Programs and Services (DSPS); Associated Student Government; Vice President of Student Services; Extended Opportunity Programs and Services (EOPS); Classified Senate; Residence Hall Senate

**Community-based Partners**
- Madera and Fresno Counties’ Departments of Mental Health; State Center Community College District; National College Depression Partnership; California State University at Fresno; Alliant International University; California Work Opportunity and Responsibility to Kids (CalWORKs)

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Campus and Program Overview

Gavilan College is located in Gilroy, California, and serves over 15,000 students across rural San Benito County and the southern region of Santa Clara County. The national economic downturn has had a severe impact on this region, particularly in rural areas where the unemployment rate remains at 18.3%. Recent surveys indicate that student anxiety, stress and depression are significantly increasing, yet the service area and Gavilan College lack services and awareness of issues and resources that might address this rising problem. The Gavilan College Student Well-being Initiative will implement faculty and staff training, a peer-to-peer outreach and support program, and will facilitate regional collaboration to leverage services and training as well as share best practices and resources.

Program Outcomes

Faculty and Staff Training
- Workshops on mental health issues, referral protocols and student resources
- Staff and faculty training on campus Crisis Intervention Protocol (CIT)

Suicide Prevention Training
- At-risk interactive online training for students, faculty and staff

Program Outreach and Awareness Efforts
- Mental Health Awareness Month events
- Disseminate printed resource materials
- Student well-being website development

Development of Peer-to-Peer Resources
- Development of peer outreach and education program

Populations Served

- Veterans
- First-generation college students
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students

Collaborative Partners

Campus-based Partners
Gavilan Mental Health Task Force; Gavilan College Associated Student Body

Community-based Partners
Santa Clara and San Benito Counties’ Departments of Mental Health; University of California at Santa Cruz; California State University at Monterey Bay; San Jose State University; Community Solutions; County County Collaborative; Santa Cruz Veterans Center; National Alliance on Mental Illness (NAMI)

Program Strategies

- Evidence-based training
- Website development
- Increasing awareness and outreach activities

Program Methodology

- At-risk interactive online suicide prevention training
- Peer education and outreach
- Culturally and linguistically competent services and peer education

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Los Angeles College Consortium
Campus Based Grant Profile

Campus and Program Overview
The Los Angeles College Consortium membership includes six community colleges in the Southern California, Los Angeles County area: Los Angeles Harbor College, Southwest College, City College, Mission College, Pierce College and Trade Tech College. Los Angeles Harbor College will coordinate and lead the Consortium’s student mental health project, Building Healthy Communities Initiative. The BHCI project will increase their capacity to effectively address significantly increasing rates of anxiety, Alcohol and Other Drug (AOD) abuse, depression, mood disorders and intimate partner violence among students. Prevention and Early Intervention (PEI) strategies include staff training, evidence-based suicide prevention training, peer-to-peer outreach, website development and a strong emphasis on leveraging resources and collaboration within the Consortium and with community partners.

Program Outcomes

Faculty and Staff Training
- Violence prevention trainings
- Sensitivity and awareness trainings

Suicide Prevention Training
- At-risk interactive online training for students, faculty and staff

Inter-College Collaboration
- Host Regional Strategizing Forum
- Develop and disseminate support group facilitation guide

Program Outreach and Awareness Efforts
- Develop website to include online offerings and training materials

Development of Peer-to-Peer Resources
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Student “Safe Zone”
- Active Minds and National Alliance on Mental Illness (NAMI) Chapters

Program Strategies
- Evidence-based training
- Website development
- Broad-based collaboration and resource leveraging

Program Methodology

- Increase cultural competency
- Increase staff capacity to identify and intervene early with students at risk
- Peer support

Populations Served
- Veterans
- LGBTQ students
- Previously unserved or underserved students
- Students in recovery

Collaborative Partners

Campus-based Partners
Student Services and Academic Affairs Division; Campus Health Centers; Disabled Student Programs and Services (DSPS); California Work Opportunity and Responsibility to Kids (CalWORKs); Counseling Departments; Campus Veterans Centers; Campus Security

Community-based Partners
Los Angeles County Department of Mental Health; Veterans Administration; Wounded Warriors Project; Veteran’s Action Centers; California State Department of Rehabilitation; NAMI; Law Enforcement Agencies; University of California and California State Universities in Los Angeles area; Los Angeles Community College District

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MiraCosta College
Campus Based Grant Profile

Campus and Program Overview
MiraCosta Community College District is located in Southern California, 35 miles north of San Diego and 90 miles south of Los Angeles. The District serves over 18,000 students at three campuses, reaching nine coastal cities of north San Diego County, including Camp Pendleton Marine Base. The County has one of the largest military and veteran populations in the world and the campus itself has experienced a 75% increase in veteran enrollment since 2008. Due to a much higher incidence of Posttraumatic Stress Disorder (PTSD), suicidality, traumatic brain injuries, depression and other mental health challenges among veterans, MiraCosta will focus their efforts on a Campus Suicide Prevention Project.

Faculty and Staff Training
- Training for Behavioral Intervention Team (BIT)

Suicide Prevention Training
- At-risk interactive online training for students, faculty and staff

Increase Collaboration
- Host annual Student Mental Health Regional Strategizing Forum for area colleges

Peer Support
- Peer education program – 10 trained peer educators, outreach to 500 students annually
- Peer-to-peer support

Awareness Events
- National Depression Awareness Month – depression screenings

Collaborative Partners
Campus-based Partners
Health Service Department; Marriage and Family Therapy (MFT) interns; Veteran’s Club; Veterans Information Center; Gay Straight Alliance (GSA); Disabled Student Programs and Services (DSPS); Behavioral Intervention Team (BIT); Extended Opportunity Programs and Services (EOPS); International Students Office

Community-based Partners
San Diego County Health and Human Services Agency; National Alliance on Mental Illness (NAMI); San Diego Access and Crisis Line; Yellow Ribbon; San Diego Suicide Prevention Council; University of California at San Diego

Program Methodology
- At-risk interactive online suicide prevention training
- Peer education and support program

Program Outcomes

Program Strategies
- Evidence-based training
- Increasing BIT crisis response capacity
- Increase awareness campus-wide
- Increasing collaboration and dialogue

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Modesto Junior College
Campus Based Grant Profile

Campus and Program Overview
Modesto Junior College (MJC) is located in Stanislaus County in the heart of California’s San Joaquin Valley. The region is one of the most economically depressed areas in the nation. More than 15% of the area’s residents live below the poverty level and the County’s unemployment rate of 17.4% is one of the highest in the State. MJC’s student mental health project, Weaving Mental Health Services, is intended to coordinate a more effective response to the rapidly growing need of MJC students with mental health concerns, with a special emphasis on veterans, foster youth, and low-income students.

Program Outcomes

Faculty and Staff Training
- Train “Campus Liaisons” to disseminate resources campus-wide
- Establish and train campus Behavioral Intervention Team (BIT)
- Establish and train a Clinical Conference Team to increase student access to services

Suicide Prevention Training
- At-risk interactive online training for students, faculty and staff

Awareness Activities
- Annual Health and Mental Wellness Day
- Online student self-assessment and resources

Development of Peer-to-Peer Resources
- Partner agencies provide peer-to-peer support on campus

Program Strategies
- Evidence-based training and tools
- Website development

Program Methodology
- At-risk interactive online training for students, faculty and staff
- Behavioral Intervention Team (BIT)

Populations Served
- Veterans
- Foster youth
- Low-income students
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students
- Victims of intimate partner violence

Collaborative Partners

Campus-based Partners
Counseling Department; Veteran’s Center; Crisis Intervention Team; Health Services

Community-based Partners
Stanislaus County Behavioral Health; National Alliance on Mental Illness (NAMI); Sierra Vista Child and Family Services; Behavioral Health and Recovery Services; Modesto Veteran’s Center; Department of Veterans Affairs; Center for Human Services

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The Orange Consortia is a collaboration between Orange Coast College in Costa Mesa and Golden West College in nearby Huntington Beach. Together, these campuses serve nearly 40,000 students in the Orange County area. The campuses have seen an alarming upward trend in both the number of students requesting mental health services and the severity of students’ needs, including emerging psychotic illness, chronic psychosis, and suicidal crisis. In order to address these needs, the Consortia will work together to increase capacity on campus to effectively address emergency student crises, increase access to students of diverse backgrounds (Latino and Asian), and to provide peer support systems.

**Program Outcomes**

**Faculty and Staff Training**
- Behavioral Assessment Team (BAT) retreat to improve protocols and procedures
- Staff training to increase awareness, assess threats, and refer students

**Suicide Prevention Training**
- At-risk interactive online training for students, faculty and staff
- Up to 20 staff will attend Question, Persuade, Refer (QPR) “Train-the-Trainer” and disseminate Question, Persuade, Refer (QPR) on campus

**Development of Peer-to-Peer Resources**
- Train Peer Health Educators to outreach to students with mental health needs and provide classroom presentations on mental health topics
- Establish Active Minds Chapter on Golden West College campus
- Support clubs, including veterans, international students, and Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students

**Program Strategies**
- Evidence-based training
- Improving crisis response capacity
- Increasing awareness of mental health issues among staff, faculty and students

**Program Methodology**
- At-risk interactive online training for students, faculty and staff
- Question, Persuade, Refer (QPR) suicide prevention training
- Behavioral Assessment Team (BAT)

**Populations Served**
- Veterans
- Latino and Asian Students
- LGBTQ students
- Victims of sexual assault and domestic violence

**Collaborative Partners**

**Campus-based Partners**
- Marital and Family Therapy (MFT) and Doctor of Psychology (Psy.D.) interns; Chicano-Latino Committee; Behavioral Assessment Team (BAT); Gay-Straight Alliance campus clubs; Veterans Centers; Sexual Violence Prevention Task Force; AmVets College Transition Program; Alcohol and Drug Education Prevention Team; student health centers; associated students Orange Coast College/Golden West College

**Community-based Partners**
- Orange County Health Care Agency – Mental Health; Vietnamese Community of Orange County; Health Services Association of California Community Colleges; National Alliance on Mental Illness (NAMI); VA Long Beach Health Care System; CSU Long Beach, UC Irvine; Community Service Programs, Inc.; Alliant University; Santiago Canyon College; CSU Fullerton; FBI Los Angeles Office

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www.cccstudentmentalhealth.org
Campus and Program Overview

Pasadena City College (PCC) is located in the urban and ethnically diverse city of Pasadena in Los Angeles County. The College serves over 27,000 students. At-risk and underrepresented students comprise the majority at PCC: over 70% are ethnic/racial minorities and nearly 91% of students receive financial aid, most of whom live at or below the federal poverty level. The campus also serves a high number of students transitioning from the foster care system. PCC’s student mental health project, *The Journey to Wellness*, will provide face-to-face and online training to increase staff awareness of students’ mental health needs and increase capacity to prevent suicide. PCC will also utilize a peer-to-peer support model based on the California Youth Connection’s student leadership curriculum, *Teen Futures Mentors with Purpose*, and will utilize peer resources and Master of Social Work (MSW) interns to operate a Wellness Center.

Program Outcomes

**Wellness Center**
- Mental health services intake and referral
- Online access and online training
- Resources and workshops
- Wellness fairs

**Suicide Prevention Training**
- At-risk interactive online training for students, faculty and staff, including ‘Veterans on Campus’ module

**Development of Peer-to-Peer Resources**
- Implement *Teen Futures Mentors with Purpose* model
- Student-run Wellness Center

Program Strategies

- Evidence-based training
- Utilization of peer-to-peer models

Program Methodology

- At-risk interactive online training for students, faculty and staff
- Peer leadership training
- Wellness Center hub for training and resources

Populations Served

- Former foster youth/homeless youth
- Low-income students
- Underserved minority students
- Veterans
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students

Collaborative Partners

**Campus-based Partners**
Disabled Student Programs and Services (DSPS); Foster and Kinship Care Education (FKCE); Veterans Resource Center; Extended Opportunity Programs and Services (EOPS); PCC Health Services; Special Services; Student and Learning Services

**Community-based Partners**
Los Angeles County Department of Mental Health; Pasadena Unified School District; CSU Los Angeles; Pacific Clinics; D’Veal Family Services; Los Angeles County Probation – Youth Development Services; CSU Dominguez; California Youth Connections

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www.cccstudentmentalhealth.org

The California Mental Health Services Authority (CalMHSA) is an organization of county governments working to improve mental health outcomes for individuals, families and communities. Prevention and Early Intervention programs implemented by CalMHSA are funded through the voter-approved Mental Health Services Act (Prop 63). Prop 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California’s diverse communities.
Rio Hondo College
Campus Based Grant Profile

Campus and Program Overview

Rio Hondo College is located in urban Whittier, California, serving over 26,000 students from the communities of Whittier, El Monte, South El Monte, Santa Fe Springs, and Pico Rivera in Los Angeles County. The campus serves primarily Latino students, and most students are both economically disadvantaged and first-generation college students. In addition to the socio-economic challenges students face, surveys have indicated that depression, anxiety, and family issues among students are common. The student veteran population is also growing at Rio Hondo, presenting increased need for treatment of Post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), and other issues related to military experience. Rio Hondo College’s Student Mental Health Awareness & Support Program will promote student wellness by outreaching to the campus’ most vulnerable student populations, providing staff and faculty training, and developing peer support resources.

Campus and Program Overview

Rio Hondo College is located in urban Whittier, California, serving over 26,000 students from the communities of Whittier, El Monte, South El Monte, Santa Fe Springs, and Pico Rivera in Los Angeles County. The campus serves primarily Latino students, and most students are both economically disadvantaged and first-generation college students. In addition to the socio-economic challenges students face, surveys have indicated that depression, anxiety, and family issues among students are common. The student veteran population is also growing at Rio Hondo, presenting increased need for treatment of Post-traumatic stress disorder (PTSD), traumatic brain injury (TBI), and other issues related to military experience. Rio Hondo College’s Student Mental Health Awareness & Support Program will promote student wellness by outreaching to the campus’ most vulnerable student populations, providing staff and faculty training, and developing peer support resources.

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Program Outcomes

Faculty and Staff Training
- Train staff to collaborate with Behavioral Intervention Team (BIT)
- At-risk interactive online training for students, faculty and staff
- Suicide Prevention Training (SPT)

Campus-wide Awareness
- Student mental health website
- Student mental health mobile app
- Student wellness workshop series
- Student mental health events

Increased Community Collaboration
- Formalize community partnerships
- Coordination of bi-annual student mental health Regional Strategizing Forum
- Coordination of student mental health advisory committee

Development of Peer-to-Peer Resources
- Establish Active Minds chapter
- Student ambassador program to support veterans and students with disabilities
- Safe Zone Ally program for Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students

Program Strategies
- Improving crisis response capacity
- Awareness and outreach activities

Program Methodology

- Behavioral Intervention Team (BIT)
- Active Minds chapter
- Trainings, workshops and campus events

Populations Served

- Low-income students
- First-generation college
- Veterans
- Students with disabilities
- LGBTQ students

Collaborative Partners

Campus-based Partners
Student Health Center; Psychological Services; Disabled Students Programs and Services (DSPS); Veterans Service Center; Behavioral Intervention Team (BIT); Student Life and Leadership; Counseling Department

Community-based Partners
Los Angeles Department of Mental Health; Intercommunity Counseling Center; LA Centers For Alcohol and Drug Abuse; Presbyterian Intercommunity Hospital; local community colleges, California State Universities, University of California, and private colleges and universities

www.cccstudentmentalhealth.org

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Campus and Program Overview
Riverside City College (RCC), located in Riverside County in Southern California, serves upward of 23,000 students. Most recent survey data indicates that at least 25% of RCC students experience psychological stress, and that far higher numbers experience serious mental health concerns. Yet, existing mental health services are sorely underutilized. RCC’s student mental health project focuses on increasing student utilization of counseling and mental wellness services through increasing awareness among faculty; promotion of peer-to-peer resources; and reduction of stigma related to mental health campus-wide.

Program Outcomes
Faculty and Staff Training
- Twenty percent of faculty and staff trained in recognizing distress
- Ten percent of faculty and staff trained in trauma informed care
- Strengthen existing Behavioral Intervention Resource Team (BIRT) with training
- Increase awareness of on and off campus referrals

Suicide Prevention Training
- At-risk interactive online training for students, faculty and staff
- 300 students trained on Campus Connect and Question, Persuade, Refer (QPR)

Program Outreach and Awareness Efforts
- Mental Health Awareness Week will draw 200-500 students

Development of Peer-to-Peer Resources
- Peer-educators trained on and Question, Persuade, Refer (QPR) and Campus Connect
- Peer ambassadors to promote activities utilizing social media and website
- mental health wellness fairs
- YouTube video contest to decrease stigma and promote access to counseling

Program Strategies
- Evidence-based training
- Stigma reduction
- Peer-to-peer support

Program Methodology
- At-risk interactive online training for students, faculty and staff
- Question, Persuade, Refer (QPR)
- Awareness Week
- Trauma informed care

Populations Served
- Veterans
- Minority students
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students
- General student population

Collaborative Partners
Campus-based Partners
Behavioral Intervention Resource Team (BIRT); Student Health and Psychological Services; Veteran’s Center; Safe Zone Ally; Active Minds; Disabled Students Programs and Services (DSPS); campus safety and police; Associate Students of Riverside City College

Community-based Partners
Riverside County Department of Mental Health; UC Riverside; CSU San Bernardino; Loma Linda University; Loma Linda University’s Marriage and Family Therapy program (MFT) Clinic; UC Riverside

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www.cccstudentmentalhealth.org
Campus and Program Overview
San Bernardino Valley College (SBVC) is located in the “Inland Empire” in San Bernardino County, east of the Los Angeles area. The urban city of San Bernardino is challenged with high rates of violent crime and poverty. The College serves a diverse group of over 20,000 students. A high number of students are low-income and over 70% are minority students. SBVC is designated as a Minority and Hispanic Serving Institution. SBVC’s student mental health project, Building Strengths: Enhancing Campus-Wide Mental Health Strategies and Training, will address the high-risk factors for student veterans and first-year students.

Program Outcomes
- Faculty and Staff Training
  - Staff trained on motivational interviewing
  - Online training, “Dare to Care” on accommodation of disabilities
- Suicide Prevention Training
  - At-risk interactive online training for students, faculty and staff
- Strengthen Data Collection
  - Utilize National College Depression Partnership (NCDP) and National College Health Association (NCHA) to track and analyze data related to at-risk students
  - Rigorous project evaluation
- Build Collaborative Partnerships
  - Community outreach
  - Referral network training
  - Develop and host Regional Strategizing Forum

Program Strategies
- Evidence-based training
- Strengthen collaborative partnerships
- Data-driven decision-making

Program Methodology
- At-risk interactive online training for students, faculty and staff
- Regional Strategizing Forum
- Data collection

Populations Served
- Veterans
- First-year students
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students
- Foster youth and transition aged youth
- Minority students

Collaborative Partners
- Campus-based Partners
  - Student Health Services; Gay-Straight Alliance; Veteran’s Resource Center; psychiatric technician, nursing, pharmaceutical technician, and child development programs; Office of Student Life; Disabled Students Programs and Services (DSPS); Human Services; campus clubs and organizations; associated student government; associated student body; Middle College High School; Valley Bound Commitment; campus police
- Community-based Partners
  - San Bernardino County Department of Behavioral Health; CSU San Bernardino; Riverside Community College; D Street Clinic; San Bernardino County Crisis Response Team; Jerry L. Pettis Memorial Veterans Medical Center; TAY One Stop Center; Chaffey College; Inland Behavioral Health and Services; Inland Empire Health Plan; San Bernardino County Crisis Response Team; Desert Sierra health Network; Bienestar; Caudacus Club; San Bernardino Unified School District

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www.cccstudentmentalhealth.org

The California Mental Health Services Authority (CalMHSA) is an organization of county governments working to improve mental health outcomes for individuals, families and communities. Prevention and Early Intervention programs implemented by CalMHSA are funded through the voter-approved Mental Health Services Act (Prop 63). Prop 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California’s diverse communities.
Campus and Program Overview
San Diego City College (SDCC) serves a diverse body of 30,000 students at its urban campus in downtown San Diego. The campus’ Mental Health Counseling Center provides services for over 1,200 students each year. However, recent surveys and events indicate an increase in serious mental health issues among students. In the past two years, the campus has lost two students to suicides, both completed on campus. SDCC’s student mental health project, Suicide Prevention and Stigma Reduction Program, will focus intently on campus-wide stigma reduction and on increasing the campus’ capacity to prevent such tragedies through training staff, faculty, and students to recognize signs of distress and intervene early.

Program Outcomes

Faculty and Staff Suicide Prevention Training
- Twenty percent of staff receive at-risk interactive online training
- Question, Persuade, Refer (QPR) – train the trainer and gatekeeper trainings

Peer-to-Peer Program
- Twenty-five peer educators trained in Question, Persuade, Refer (QPR) gatekeeper training and at-risk interactive online training
- Provide workshops, disseminate materials, plan Suicide Prevention Week and Depression Screening Day
- Establish Active Minds chapter

Campus Awareness and Outreach
- Suicide Prevention Week
- Annual Health and Wellness expo
- National College Depression Partnership screening
- Radio public service announcements
- Online self-screening system

Program Strategies
- Evidence-based training
- Peer-led activities

Program Methodology
- At-risk interactive online training for students, faculty and staff
- Question, Persuade, Refer (QPR) suicide prevention training (train the trainer and gatekeeper)
- Campus-wide promotion and awareness

Populations Served

Students at Higher-Risk for Suicide:
- Veterans
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students
- Students abusing alcohol or other drugs

Collaborative Partners

Campus-based Partners
Mental Health Counseling Center; marriage and family therapy (MFT) interns from University of Southern California, San Diego State University, and Alliant University; Office of Student Affairs; Behavioral Intervention Team (BIT); campus police; Dean of Student Affairs; Student Health Services; Public Mental Health Academy

Community-based Partners
San Diego Health and Human Services Agency, Behavioral Health Division; Jane Westin Wellness and Recovery Center (Community Research Foundation); San Diego State University Counseling and Psychological Services; Department of Veterans Affairs

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www.cccstudentmentalhealth.org

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Santa Monica College
Campus Based Grant Profile

Campus and Program Overview
Santa Monica College (SMC), located in Los Angeles County, serves more than 30,000 students. The campus is one of the most diverse community colleges in California, lacking any majority ethnic group and enrolling more than 3,000 international students each year. SMC’s Psychological Center, with limited staff capacity, is utilized by about 3% of students in a given year, yet does not serve an equitable representation of Asian and African-American students, indicating barriers to access potentially related to stigma. SMC will address stigma and access through faculty and staff training, peer-to-peer support, and a focus on suicide prevention and AOD abuse reduction.

Program Outcomes

Faculty and Staff Training
- Brown bag lunch and departmental trainings using at-risk interactive online training and specific mental health topics
- Mental Health First Aid training

Suicide Prevention Training
- Question, Persuade, Refer (QPR) training
- At-risk interactive online training for students, faculty and staff

Peer-to-Peer Program
- Peer-facilitated student groups provide campus-wide culturally sensitive training to students
- Peer-facilitated student support group (Active Minds)
- Enhanced Counseling 20 course

Campus Awareness and Outreach
- Awareness Week
- Enhanced webpage with tools and resources for students and staff/faculty

Program Methodology

- At-risk interactive online training for students, faculty and staff
- Question, Persuade, Refer (QPR) suicide prevention training (train the trainer and gatekeeper)
- Active Minds

Program Strategies

- Evidence-based training
- Peer-led activities

Populations Served

Students at Higher-Risk for Suicide:
- Veterans
- African-American and Latino
- Students abusing alcohol or other drugs

Collaborative Partners

Campus-based Partners
Los Angeles County Department of Mental Health; West LA College; El Camino College; East LA College; UCLA Counseling and Psychological Services; West Los Angeles Chapter of National Alliance on Mental Illness (NAMI); Didi Hirsch Mental Health Services

Community-based Partners
Latino Center; Black Collegians Center; Veterans Resource Center; Center for Students with Disabilities; Psychological Services; Crisis Intervention Team (CIT)

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www.cccstudentmentalhealth.org

The California Mental Health Services Authority (CalMHSA) is an organization of county governments working to improve mental health outcomes for individuals, families and communities. Prevention and Early Intervention programs implemented by CalMHSA are funded through the voter-approved Mental Health Services Act (Prop 63). Prop 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California’s diverse communities.
Campus and Program Overview

Santa Rosa Junior College (SRJC) is located in Sonoma County, north of the San Francisco Bay Area. The college’s two campuses and an additional three dedicated sites throughout Sonoma County serve a diverse student body of over 30,000 students. SRJC already institutionalized Question, Persuade, Refer (QPR) on campus and collaborated with agencies county-wide on a Prevention and Early Intervention (PEI) project to improve response to student crises and increase awareness on campus. SRJC’s project, A Sustainable Student Peer Support Coalition, focuses on promoting mental health campus-wide through building a sustainable peer support coalition. The college has a well-established Student Health Services department including mental health provision on both campuses, yet is not able to meet the demands of an increasing number of students needing services. Recognizing the data that indicates many students are unlikely to access services in times of need, but rather turn to peers, SRJC will focus their efforts on building a peer support system.

Program Outcomes

Peer-to-Peer Program

- Diverse group of student mentors, including veterans, students of color, and former foster youth
- Monthly coalition trainings focused on resource development and skill-building
- A peer mentor who serves as campus correspondent for Student Health 101
- At-risk interactive online training for peer support network and students
- Peer-led mental health outreach (Active Minds chapter)
- Student representation on the Sonoma County Mental Health Board
- Peer-led Depression Outreach College Curriculum (DORA) implementation and other mental health topics

- Active Minds
- Student representation on county-wide Mental Health Advisory Groups

Populations Served

SRJC Community at-Large with a Specific Emphasis on Students at Higher-Risk for Suicide:

- Veterans
- Former foster youth

Collaborative Partners

Campus-based Partners

Student Health Services; Office of Veterans Affairs; Foster and Kinship Care Education Program; CalWorks Program; Puente program; First Year Experience; Human Services Certificate program; Community Health Worker Certificate program; Crisis Intervention Resource Team (CIRT); Health Services Advisory Committee; Disability Resources Department; Academic Counseling; Second Chance; SPIRIT; Human Services Peer Support club; Inter-Club Council

Community-based Partners

Sonoma County Behavioral Health Department (PEI); Sonoma County Mental Health Board; Veterans Affairs Office; North Bay Suicide Prevention Project; Sonoma County Suicide Prevention Committee; Crisis Assessment Prevention and Education Team; Sonoma State University; National Alliance for Mental Illness (NAMI)

www.cccstudentmentalhealth.org

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The California Mental Health Services Authority (CalMHSA) is an organization of county governments working to improve mental health outcomes for individuals, families and communities. Prevention and Early Intervention programs implemented by CalMHSA are funded through the voter-approved Mental Health Services Act (Prop 63). Prop 63 provides the funding and framework needed to expand mental health services to previously underserved populations and all of California’s diverse communities.
Campus Based Grant Profile
Santiago Canyon College
Campus Based Grant Profile

Program Outcomes
Faculty and Staff Training
- Targeted training for Student Services staff, Crisis Intervention Team, Threat Assessment Team, Wellness Center Staff, and safety and security officers

Suicide Prevention Training
- At-risk interactive online training for students, faculty and staff
- Applied Suicide Intervention Skills Training (ASIST)
- Threat Assessment and Mobilization Training (TAT)

Campus Awareness and Outreach
- Paws for Stress Relief Program
- Develop pre-doctoral psychology internship program to increase direct services to students
- Establish Active Minds chapter and conduct mental health awareness activities

Program Strategies
- Evidence-based training
- Assessment of student mental health needs

Program Methodology
- At-risk interactive online training for students, faculty and staff
- National College Health Assessment (NCHA) data collection
- Increase campus-wide awareness and reduce stigma
- Active Minds

Populations Served
- Veterans
- Asian and Latino Students
- Students with disabilities
- Low-income students
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students

Collaborative Partners
Campus-based Partners
SCC Health and Wellness Center; Campus Crisis Intervention Team; Threat Assessment Team; Student Services

Community-based Partners
Orange County Mental Health Agency; Orange County Department of Education; Community Service Programs, Inc.; Gay and Lesbian Community Services Center of Orange County; the Friendly Center

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## Campuses and Program Overview

Sierra Community College (SCC) serves over 16,000 students at four campuses in North Central California. Students served reside in a large geographic area that includes Placer and Nevada Counties, and parts of El Dorado and Sacramento Counties. The primary SCC campus is located in Rocklin, with satellite locations in Grass Valley, Roseville and Truckee. The area has nearly doubled in population during the last decade, bringing more diversity to the student population, particularly lesbian, gay, bisexual, transgender and questioning (LGBTQ) students and military veterans. These students, due to stigma, trauma and other issues, are at higher risk for mental health challenges, particularly depression and suicide. The campus’ student mental health project, *Sierra College Mental Health Intervention Program*, focuses on increasing awareness and student support for LGBTQ and veterans, as well as evidence-based suicide prevention training.

## Program Outcomes

### Faculty and Staff Training
- LGBTQ and veterans mental health issues
- "Helping the Distressed Student" for 60 staff and faculty each year

### Suicide Prevention Training
- At-risk interactive online training for students, faculty and staff

### Regional and Community Collaboration
- Establish and sustain a Mental Health Advisory Group with internal and external partners

### Development of Peer-to-Peer Resources
- Peer mentor program with an emphasis on LGBTQ students and veteran students
- Train-the-trainers for peer mentors to provide presentations and increase campus-wide awareness

## Program Strategies

- Evidence-based training
- Peer-to-peer support

## Program Methodology

- At-risk interactive online training for students, faculty and staff
- Intensive training and peer support focus on higher risk student populations

## Populations Served

- Veterans
- LGBTQ students

## Collaborative Partners

### Campus-based Partners
- Dean of Student Services; Veterans Program; Safe Space Program; Sierra College Health Center; Veterans Student Alliance; Boots to Boots Learning Community; Spectrum Committee

### Community-based Partners
- Placer County Health and Human Services; UC Davis Student Mental Health Initiative; UC Davis Transfer Reentry Veterans Center, SCU Sacramento Veterans Success Center; California Department of Veteran Affairs (Cal Vet); Sacramento Vet Center; US Air Force Academy Association of Graduates; the Soldiers Project; Parents, Families and Friends of Lesbians and Gays of Greater Placer County (PFLAG)

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Campus and Program Overview
West Los Angeles College is an urban community college located in Culver City, Los Angeles County. The college serves a predominantly minority and low-income student population, many whom are impacted by housing instability, family crises, and neighborhood violence. Significant increases in demands on the college’s Student Health Center for mental health services far outweigh the campus’ staffing resources, and many students are referred to community agencies for assistance. The campus has also experienced an increase in serious student behavior incidents on campus. West LA College’s *Pathways to Wellness* program aims to utilize evidence-based and innovative approaches to addressing mental health issues among its student population.

Program Outcomes

**Faculty and Staff Training**
- Online and face-to-face training on mental health issues, protocols and referral processes

**Suicide Prevention Training**
- At-risk interactive online training for students, faculty and staff
- Question, Persuade, Refer (QPR)

**Program Outreach and Awareness Efforts**
- Annual Mental Health Day
- Enhance website and develop phone app

**Development of Peer-to-Peer Resources**
- Develop a psychology department credited course on peer-to-peer counseling
- Develop Active Minds chapter

**Program Strategies**
- Evidence-based training
- Peer-to-peer support

**Program Methodology**
- At-risk interactive online training for students, faculty and staff
- Question, Persuade, Refer (QPR)
- Active Minds

Populations Served
- Veterans
- Minority students
- Low-income students
- International students
- Foster youth

Collaborative Partners

**Campus-based Partners**
- Chancellor’s Office; Student Health Center (Mosaic Family Medical Care); Disabled Students Programs and Services (DSPS); Foster Parents Training; Academic Affairs Council; Student Services Divisional Council

**Community-based Partners**
- Los Angeles County Department of Mental Health; Los Angeles County Department of Public Social Services; Los Angeles Community College Sheriff’s Bureau; US Vets; UCLA, USC, San Diego State University Interwork Institute; Family Adult and Child Therapies

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West Valley College
Campus Based Grant Profile

Campus and Program Overview
West Valley College (WVC) is located in Saratoga, in the Silicon Valley south of the San Francisco Bay Area. The college serves a widely dispersed population throughout Santa Clara County and beyond, with an annual enrollment of over 10,000 students. While the campus is located in an affluent community, many of WVC’s students, 57% of whom are over age 24 and 43% under age 24, come from impoverished homes. These students often lack readiness for college, have little parental support, and have a history of school discipline issues. The college has seen a marked increase in the number of students seeking personal counseling services, paralleling the increase in students referred for review by the campus’ Mental Health Services Advisory Committee. West Valley College’s student mental health initiative, *Introspection-Integration-Innovation*, takes a multi-pronged, all-college, collaborative approach to addressing student mental health needs on campus.

Program Outcomes

Faculty and Staff Training
- Faculty, staff and administrators trained in recognizing distress
- Develop behavior assessment and intervention plan and train all campus stakeholders

Suicide Prevention Training
- At-risk interactive online training for students, faculty and staff
- Question, Persuade, Refer (QPR)

Program Outreach and Awareness Efforts
- Campus-wide wellness events
- Student Health 101 newsletter

Development of Peer-to-Peer Resources
- Peer-run National Alliance on Mental Illness (NAMI) chapter on campus
- Peer involvement in program planning, marketing and events

Program Strategies
- Education and evidence-based training
- Peer-to-peer support
- Behavior Assessment and Intervention Team (BAIT) best practices

Program Methodology
- At-risk interactive online training for students, faculty and staff
- Question, Persuade, Refer (QPR)
- Peer-led activities and planning
- Online, onsite, focus group and campus-wide outreach events

Populations Served
- Minority students
- Low-income students
- Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) students
- Veterans

Collaborative Partners

Campus-based Partners
All student support services; college president and administrative cabinet; CCC Student Success Task Force; campus police; all shared governance groups; Associated Student Organization; Mental Health Services Advisory Committee (Students of Concern Forum)

Community-based Partners
Santa Clara County Mental Health Department; San Jose State University and University of San Francisco marriage and family therapy (MFT) and master’s in social work (MSW) graduate training programs; National Alliance on Mental Illness (NAMI) Santa Clara County; YWCA Silicon Valley