Student Wellness Ambassador
2018-19 Position Summary

Overview
The Foundation for California Community Colleges is pleased to announce a new opportunity for California community college students to serve as a Student Wellness Ambassador for the 2018-19 academic school year. Wellness Ambassadors will learn about statewide mental health and wellness resources and provide peer-outreach on their community college campus to connect students with resources and supports, raise mental health awareness and reduce stigma.

What does the Student Wellness Ambassador opportunity offer?
A total of 15 Student Wellness Ambassadors will be selected for the 2018-19 school year, Ambassadors will:

- be trained as a Student Wellness Ambassador through a combination of in-person and online trainings;
- be connected with a faculty advisor on their campus;
- complete a series of milestone goals around peer-outreach on campus, share mental health and wellness materials, plan a health and wellness event or activity, work with a faculty advisor, participate in monthly calls with fellow Student Ambassadors;
- receive a $750 stipend for their service, in three $250 increments.
- receive an all-expense paid trip to Sacramento to participate in a mandatory 2-day training on November 8th and 9th.
- participate in extensive professional development and experiential learning opportunities.

Student Ambassador Eligibility
- Must be enrolled at least part-time (6 units) at a California community college
- Available to attend a two-day training in Sacramento November 8-9, 2018 (All travel will be arranged and paid for by the Foundation)
- Commit to serving as a Student Ambassador through June 2019

Service Project Period: November 8th, 2018 – May 30, 2019
- Application opens August 13, 2018
- Application closes September 21, 2018
- Notification of selected students October 5, 2018
- Mandatory 2-day training Sacramento (travel paid for by Foundation) – November 8-9, 2018
- Stipend #1 $250 December 2018
• Stipend #2 $250 March 2019
• Stipend #3 $250 June 2019

Ambassador Activities
• complete peer to peer outreach to raise awareness of mental health and wellness resources and information.
• connect students to on and off campus resources and support systems.
• network and partner with campus resources such as health centers, foster youth liaisons, homeless youth liaisons, wellness centers, food pantries, and mental health counselors.
• organize and deliver campus resource tables and health and wellness fairs on campus.
• coordinate and collaborate with existing on-campus student support programs.
• implement activities on and off campus to increase awareness of student support programs.

Minimum Qualifications
• Must be enrolled at least part time at a California Community College (see attached list for priority colleges)
• Must be at least 18 years of age

Go to the CCC Student Wellness Ambassador Application Form