



Student Mental Health in Fresno County

Student Mental Health Program



California Community Colleges Student Mental Health Program (CCC SMHP)

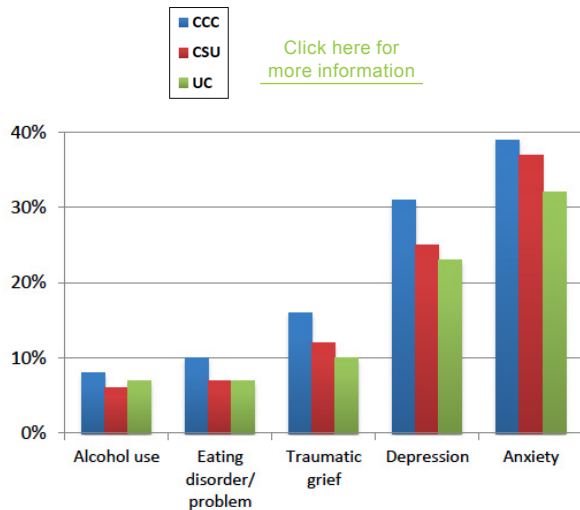


“Changing the campus conversation and culture about mental health to empower wellness.”



Students from the CCC system reported consistently higher rates of impaired academic performance due to mental health issues than their counterparts in the other systems of higher education (CSU and UC).

Student Academic Performance by Mental Health Issue



[Click here for more information](#)

Fresno County Community College Students

4,693 students* served throughout **4** Fresno County community colleges.

966 veterans and over **255 military active duty** (Spring 2016).

Over **790 foster youth** (Spring 2016).

DSPS supported **2,682** CCC students with a **psychological disability** in 2016.

*California Community Colleges Chancellor's Office - Data Mart. Retrieved September 22, 2016 from http://datamart.cccco.edu/Services/DSPS_Status.aspx



Statewide suicide prevention campaign built on 3 key messages: *Know the Signs. Find the Words. Reach Out.*



Interactive courses based on research in neuroscience, social cognition, and game mechanics.

“Submit & view films about suicide prevention & mental health for and by young people.”



Fresno's Central Valley Crisis and Prevention Hotline
1-888-506-5991



Fresno City College has been a proud sponsor of [Send Silence Packing](#) for two years! “This impactful traveling exhibit puts a face to those lives.”

Campus Spotlight

Fresno City College: “Most Active Club on Campus 2014-2015: Active Minds”

Campus Activities

Resources **Social Media**

PEI

PSAs promote and raise awareness

[Click the play button to watch](#)

#EachMindMatters
#MentalHealth

Prevention and Early Intervention in Fresno

In 2016, Fresno County students screened 27 videos created for the state-wide student video contest called [Directing Change](#), a state-wide student video contest that brings awareness to Ending the Stigma surrounding Mental Illness and Preventing Suicide at Fresno's Tower Theatre.

[R U OK? U MATTER!](#) is Fresno County's youth and young adult Suicide Prevention Forum, providing a high energy day of education and messaging on suicide prevention and mental health stigma.

www.cccstudentmentalhealth.org



The CCC SMHP is a partnership between the California Community Colleges Chancellor's Office (CCCCO) and the Foundation for California Community Colleges (FCCC), funded by the California Mental Health Services Authority (CalMHSA), and the California voter-approved Mental Health Services Act (MHSA), Prop 63.