



Student Mental Health in Orange County

Student Mental Health Program



California Community Colleges Student Mental Health Program (CCC SMHP)

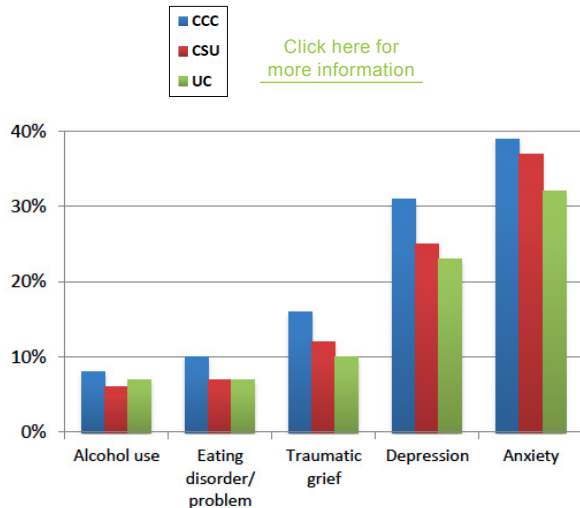


"Changing the campus conversation and culture about mental health to empower wellness."



Students from the CCC system reported consistently higher rates of impaired academic performance due to mental health issues than their counterparts in the other systems of higher education (CSU and UC).

Student Academic Performance by Mental Health Issue



Orange County Community College Students

11,286 students* served throughout **9** Orange County community colleges.

2,478 veterans and over **470** military active duty (Spring 2016).

Over **773** foster youth (Spring 2016).

DSPS supported **7,565** CCC students with a **psychological disability** in 2016.

*California Community Colleges Chancellor's Office - Data Mart. Retrieved September 22, 2016 from http://datamart.cccco.edu/Services/DSPS_Status.aspx



Statewide suicide prevention campaign built on 3 key messages: *Know the Signs. Find the Words. Reach Out.*



Interactive courses based on research in neuroscience, social cognition, and game mechanics.

"Submit & view films about suicide prevention & mental health for and by young people."



Campus Spotlight
Orange Coast College: OCC Gay Straight Alliance Club received a Lime Green Ribbon Partner School mini-grant of \$1,000 to reach students and faculty for Mental Health Matters Month, May 2015.



PSAs promote and raise awareness

[Click the play button to watch](#)

Twitter and Facebook icons

#EachMindMatters
#MentalHealth

Orange County Suicide Prevention Hotline
877-727-47474



Reach out to [OC LINKS](#) for your One Stop Resource Line for Orange County. Trained navigators provide information, referrals, and linkage directly to programs that meet the needs of callers.

Prevention and Early Intervention in Orange County

Local Orange County campuses are participating in [Art with Impact](#). Art With Impact promotes mental wellness by creating space for young people to learn and connect through art and media. Search Orange County's [comprehensive directory](#) to find services related to mental and behavioral health, addiction, advocacy, support, housing, and more.

www.cccstudentmentalhealth.org



The CCC SMHP is a partnership between the California Community Colleges Chancellor's Office (CCCCO) and the Foundation for Community Colleges (FCCC), funded by the California Mental Health Services Authority (CalMHSA), and the California voter-approved Mental Health Services Act (MHSA), Prop 63.