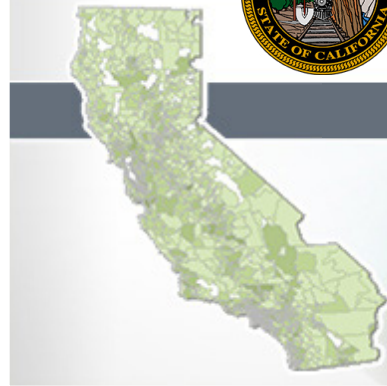




# Student Mental Health in Placer County

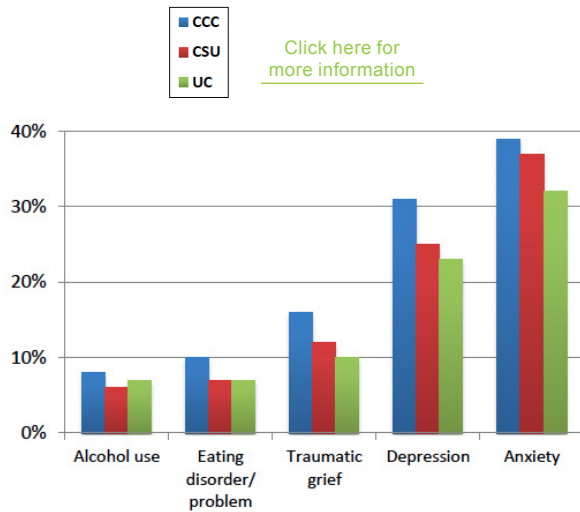
## Student Mental Health Program



“Changing the campus conversation and culture about mental health to empower wellness.”

Students from the CCC system reported consistently higher rates of impaired academic performance due to mental health issues than their counterparts in the other systems of higher education (CSU and UC).

### Student Academic Performance by Mental Health Issue



[Click here for more information](#)

### California Community College Students

**2.3 million students\*** served throughout **113** California community colleges.

**30,339 veterans** and over **6,835 military active duty** (Spring 2016).

Over **14,191 foster youth** (Spring 2016).

DSPS supported **71,124 CCC students** with a **psychological disability** in 2016.

\*California Community Colleges Chancellor's Office - Data Mart. Retrieved September 22, 2016 from [http://datamart.cccco.edu/Services/DSPS\\_Status.aspx](http://datamart.cccco.edu/Services/DSPS_Status.aspx)

### California Community Colleges Student Mental Health Program (CCC SMHP)



Statewide suicide prevention campaign built on 3 key messages: *Know the Signs. Find the Words. Reach Out.*



Interactive courses based on research in neuroscience, social cognition, and game mechanics.

“Submit & view films about suicide prevention & mental health for and by young people.”



#### Campus Spotlight

Sierra College Mental Health Interactive Program focuses on increasing awareness and student support for LGBTQ and veterans, as well as evidence-based suicide prevention training.

Campus Activities

Resources

Social Media

PEI

PSAs promote and raise awareness



[Click the play button to watch](#)



#EachMindMatters  
#MentalHealth

### Prevention and Early Intervention in Placer

For Placer County Veterans Services, visit [here](#).

The [Campaign for Community Wellness](#) builds wellness in the community, advocate for constituencies, promote peer-focused services, evaluate community needs, build community capacity, and share information about mental health and wellness.

Download the LGBTQ Mental Health Guide for Teens [here](#).

Visit Placer County Mental Health Adult Services [here](#).

Visit Placer County Network of Care for services and community events [here](#).

[www.cccstudentmentalhealth.org](http://www.cccstudentmentalhealth.org)



The CCC SMHP is a partnership between the California Community Colleges Chancellor's Office (CCCCO) and the Foundation for Community Colleges (FCCC), funded by the California Mental Health Services Authority (CalMHSA), and the California voter-approved Mental Health Services Act (MHSA), Prop 63.