



# Student Mental Health in Riverside County

## Student Mental Health Program



### California Community Colleges Student Mental Health Program (CCC SMHP)

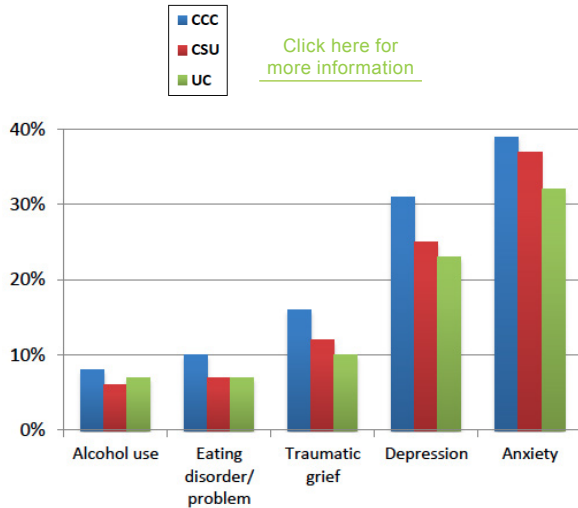


“Changing the campus conversation and culture about mental health to empower wellness.”



Students from the CCC system reported consistently higher rates of impaired academic performance due to mental health issues than their counterparts in the other systems of higher education (CSU and UC).

#### Student Academic Performance by Mental Health Issue



#### Riverside County Community College Students

**5,506** students\* served throughout **6** Riverside County community colleges.  
**1,243 veterans** and over **716 military active duty** (Spring 2016).  
 Over **810 foster youth** (Spring 2016).  
 DSPS supported **2,737** CCC students with a **psychological disability** in 2016.

\*California Community Colleges Chancellor's Office - Data Mart. Retrieved September 22, 2016 from [http://datamart.cccco.edu/Services/DSPS\\_Status.aspx](http://datamart.cccco.edu/Services/DSPS_Status.aspx)

**KNOW THE SIGNS**  
Pain Isn't Always Obvious  
Suicide Is Preventable.org

**MY3**  
SUICIDE PREVENTION

Statewide suicide prevention campaign built on 3 key messages: *Know the Signs. Find the Words. Reach Out.*

**Kognito** INTERACTIVE  
**VETERANS ON CAMPUS**

**SAFE ZONE**  
Bisexual • Transgender  
Gay • Lesbian • Queer  
City Alliance  
www.CityAlliance.org

Interactive courses based on research in neuroscience, social cognition, and game mechanics.

*“Submit & view films about suicide prevention & mental health for and by young people.”*

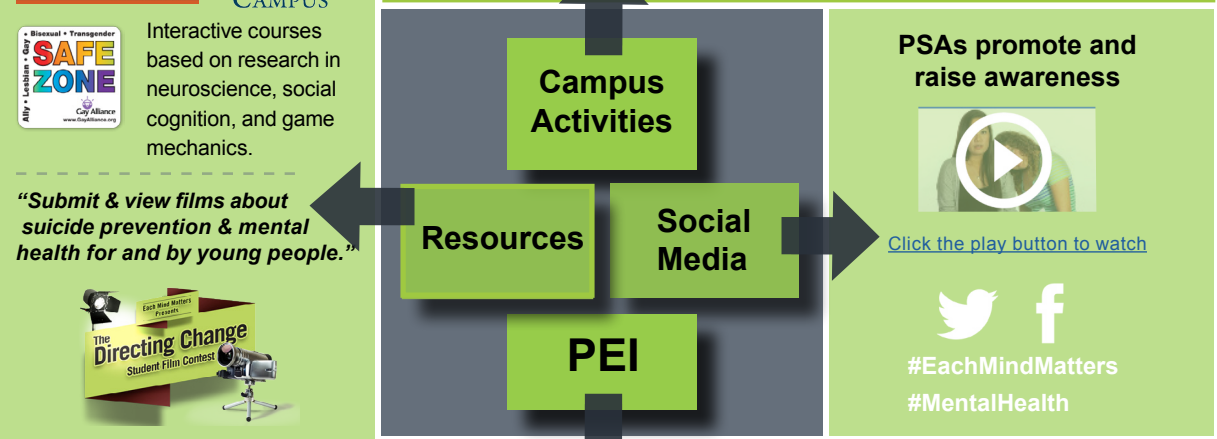
**The Directing Change**  
Student Film Contest

**Campus Spotlight**

Riverside City College:  
Active Minds and Mental Health Peer Educators Clubs received a Lime Green Ribbon Partner School mini-grant of \$1,000 each to reach students and faculty for Mental Health Matters Month, May 2015.

**COLLEGE OF THE DESERT**  
**MSJC**  
MT. SAN JACINTO COLLEGE  
**MORENO VALLEY COLLEGE**

**RCC**  
RIVERSIDE CITY COLLEGE  
**NORCO COLLEGE**  
**Palo Verde College**



Riverside County Suicide Prevention Hotline  
(951) 686-4357

**Riverside University Health System**  
Behavioral Health

**Prevention and Early Intervention in Riverside**

The [It's Up To Us](#) mental health and suicide prevention media campaign includes resources for college students.

Local resources for college students can be found on the [Riverside University Health System website](#).

[www.cccstudentmentalhealth.org](http://www.cccstudentmentalhealth.org)

**HSACCC**  
Health Services Association  
California Community Colleges

The CCC SMHP is a partnership between the California Community Colleges Chancellor's Office (CCCCO) and the Foundation for Community Colleges (FCCC), funded by the California Mental Health Services Authority (CalMHSA), and the California voter-approved Mental Health Services Act (MHSA), Prop 63.