

HSACCC Research Report

CCC-NCHA 2013 Data

Annual Survey 2012-2013 Data



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National College Health Assessment



- National benchmark instrument for college student health
- Comprehensive assessment of the health – i.e. whole student
- 8 Content Sections:
 - Health, Health Education and Safety
 - Alcohol, Tobacco and Drugs
 - Sex Behavior and Contraception
 - Weight, Nutrition and Exercise
 - Mental Health
 - Physical Health
 - Impediments to Academic Performance
 - Demographics
- Online or paper survey formats
- Supplemental questions optional



How can we utilize NCHA Data?

- ▶ Health Status Trend Analysis
- ▶ Comparative Analysis between local, CCC, and National Reference Groups
- ▶ Identify priority health issues for CCC students
- ▶ Population based health support planning
 - ▶ State/National agencies and programs
 - ▶ Higher Education; links with UC/CSU systems
- ▶ Advocacy for CCC student health support
 - ▶ Equity and Access to Health Services
 - ▶ Inform Student Success Initiatives
 - ▶ Legislative Activities
 - ▶ Policy development
 - ▶ Funding Requests for campus health centers
 - ▶ Grant applications
- ▶ Support Research Projects, Dissertations, and Publications on CCC Students

Various NCHA Executive Summary Reports



Consortium Reference Group Spring 2013

- ▶ 18 CCCs participated/included
- ▶ SPSS files of participating colleges are maintained for HSACCC, by SRJC's Office of Institutional Research.
- ▶ Includes 9 Supplemental Questions (most colleges)
- ▶ Database is available for research projects via request, on specific health issues in the CCC student population,

Individual College Executive Report Spring 2013

- ▶ Local College/District data
- ▶ SPSS files provided.

CCC-NCHA Reference Group Spring 2013

- ▶ Summary data from all 24 CCCs that conducted the NCHA during Spring '13
- ▶ Represents 15.7% of all colleges in the U.S. that completed the survey that semester
- ▶ Sample Size: 17,231 CCC students

ACHA-NCHA Reference Group Spring 2013

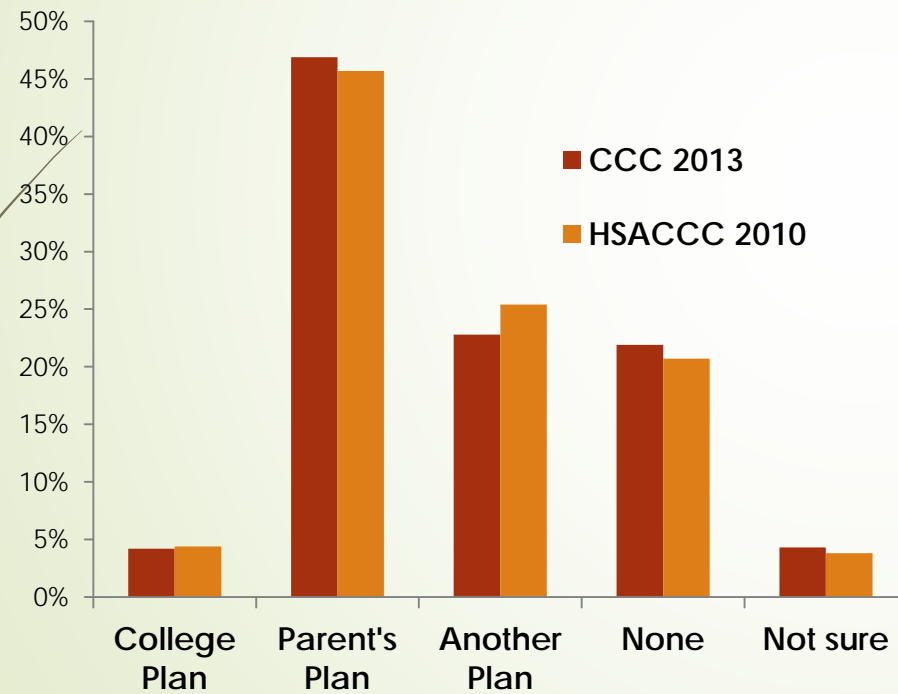
- ▶ Summary data from all 153 colleges in the United States and Canada that conducted the NCHA during Spring '13
- ▶ Sample Size: 123,078 U.S. college students



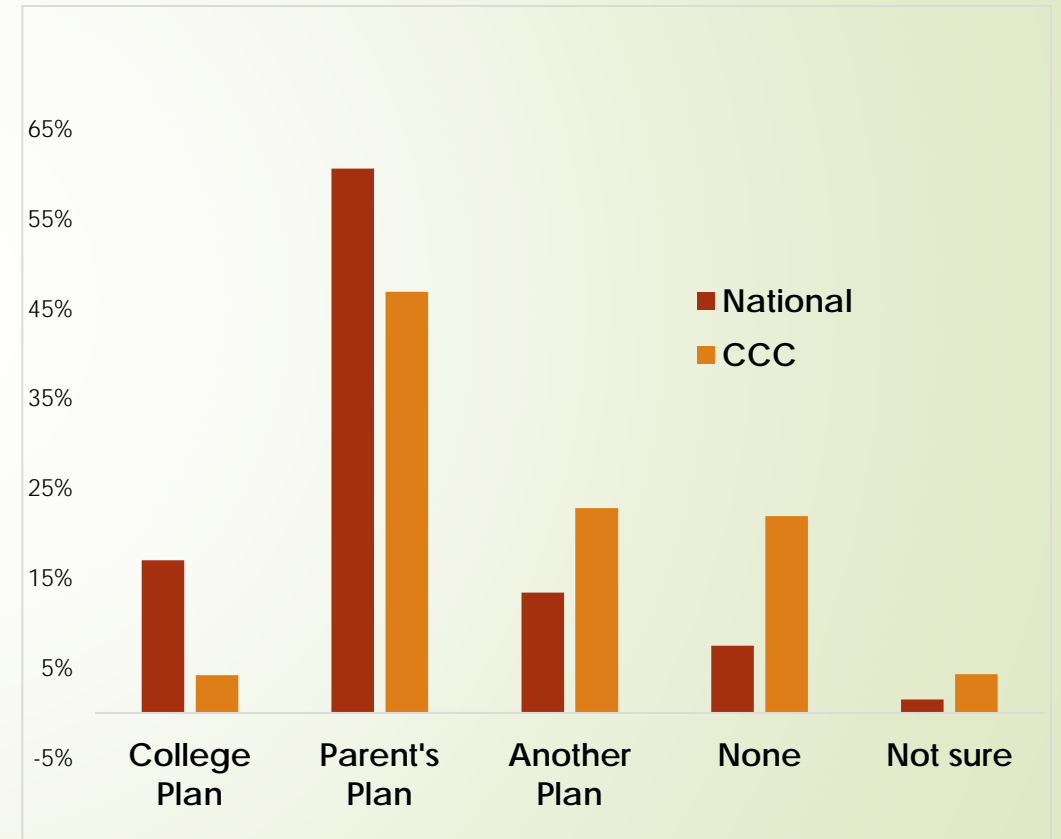
These two Reference Groups are use for comparisons today

Health Insurance

Trend CCC Students 2010 to 2013*

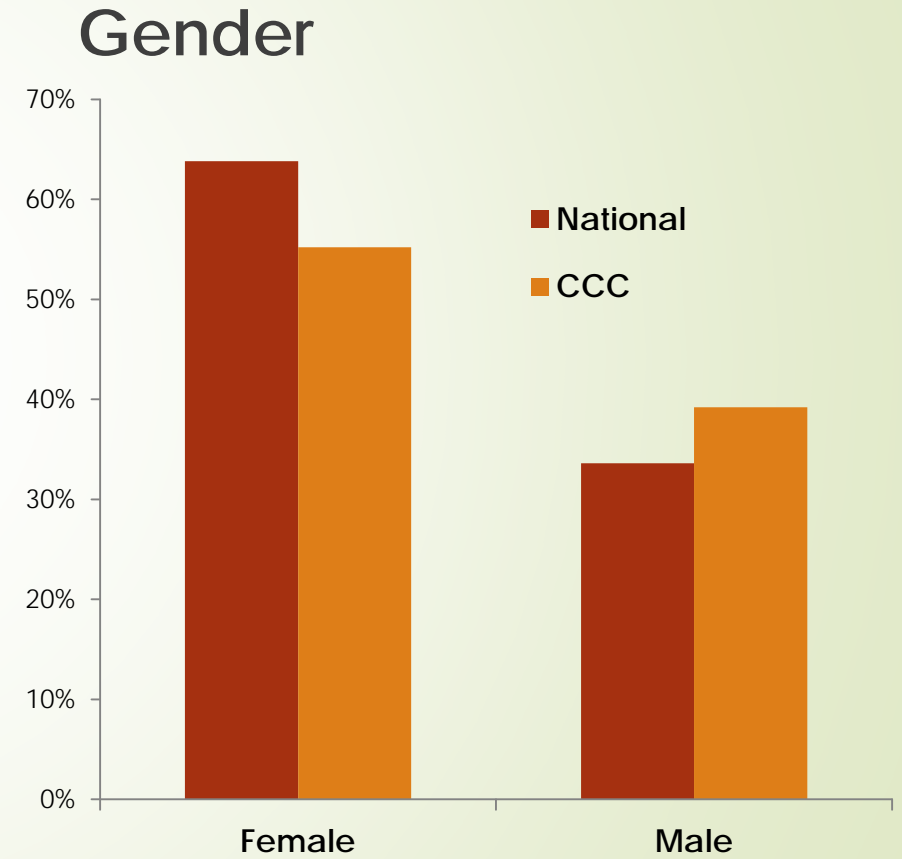
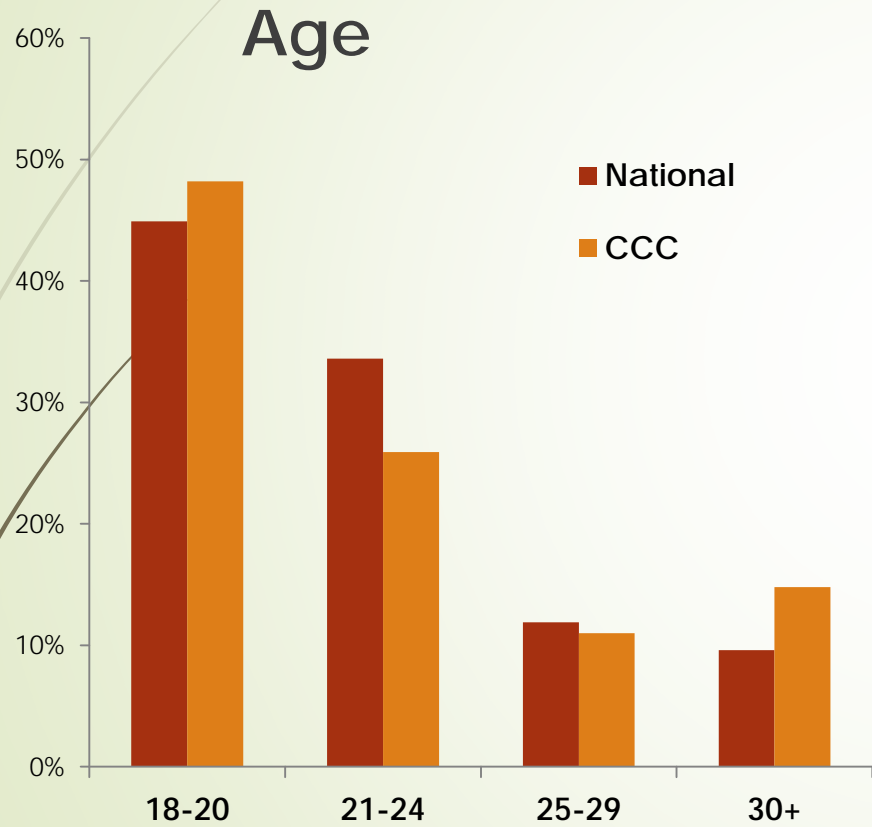


Comparison CCC/National 2013

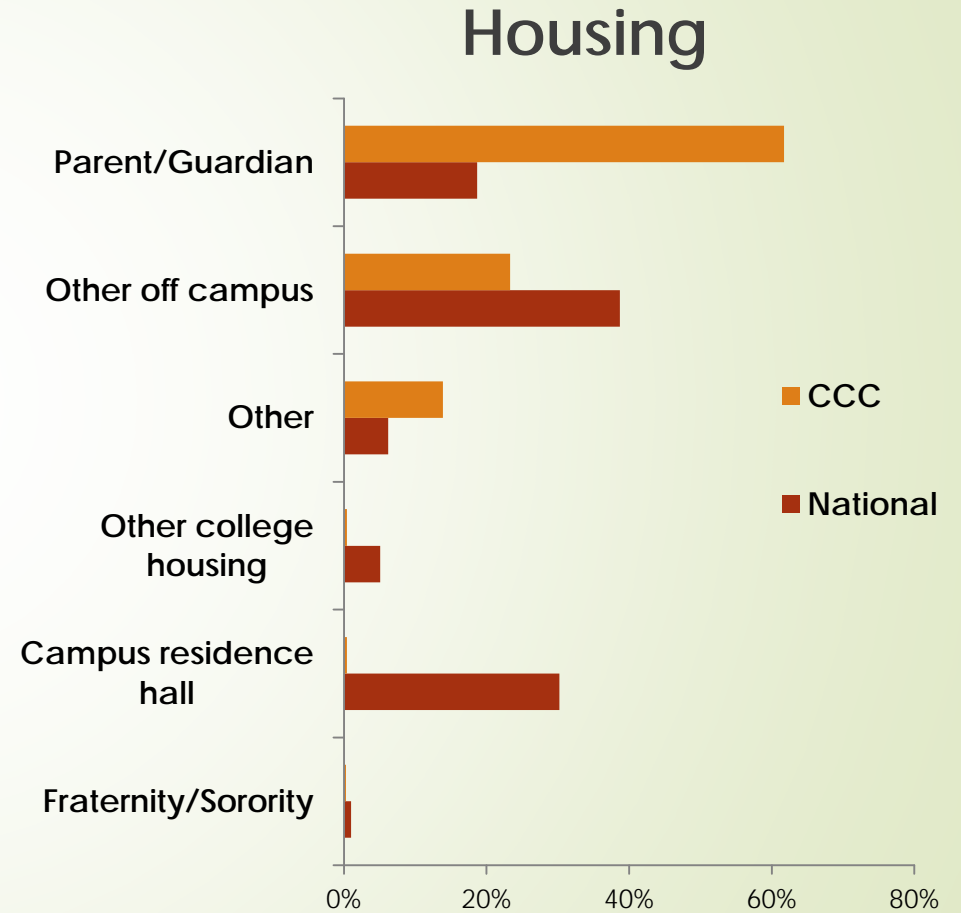
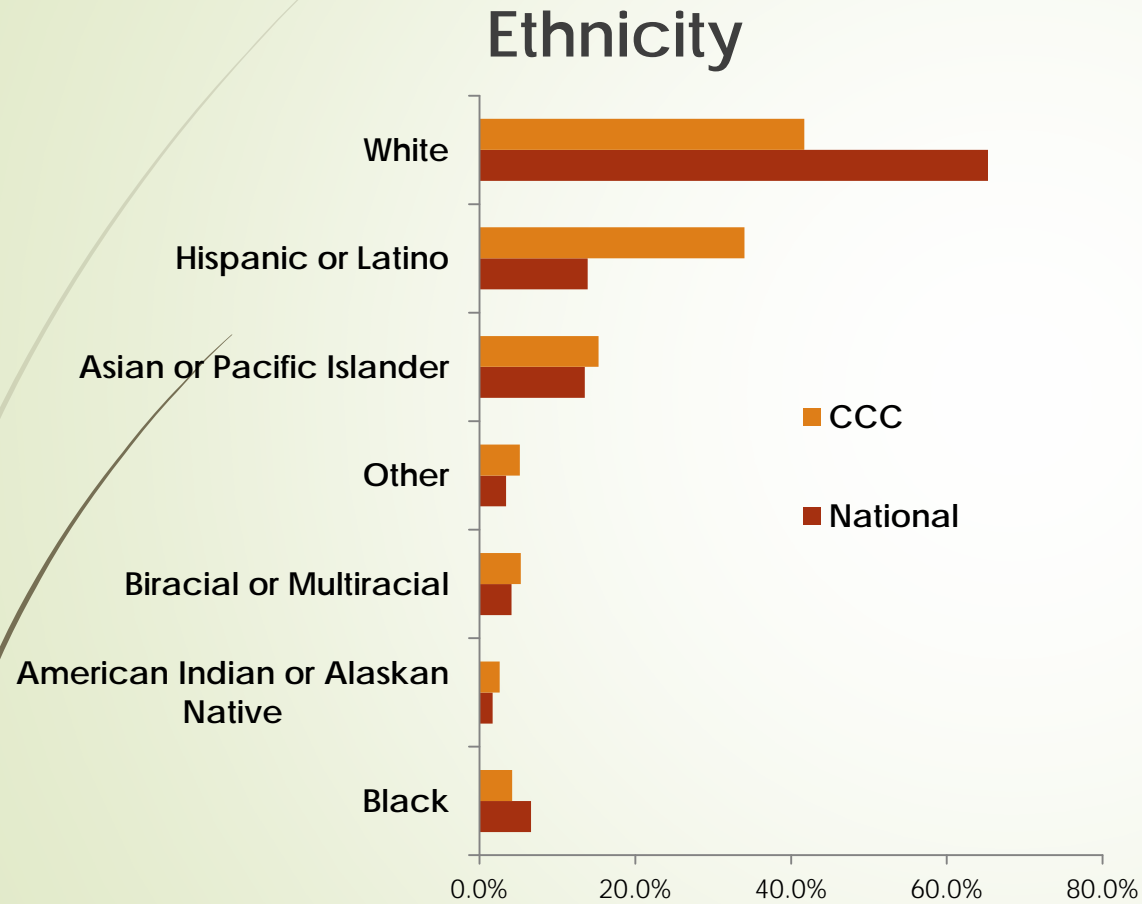


* Trends provided today within the CCC student population are using the 2010 HSACCC NCHA Consortium data and 2013 CCC NCHA data

Select Demographics



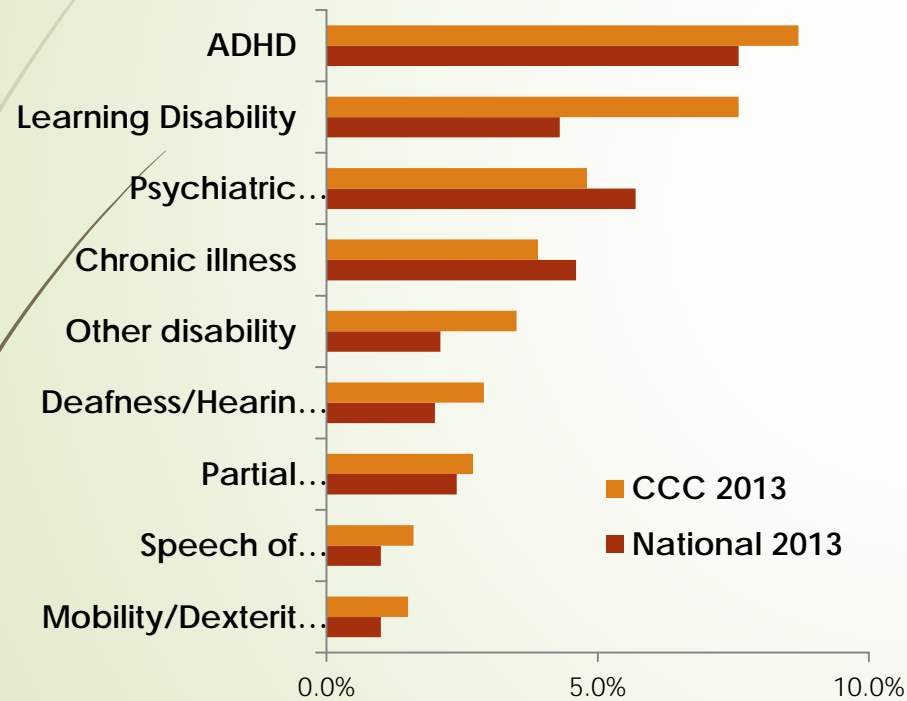
Select Demographics



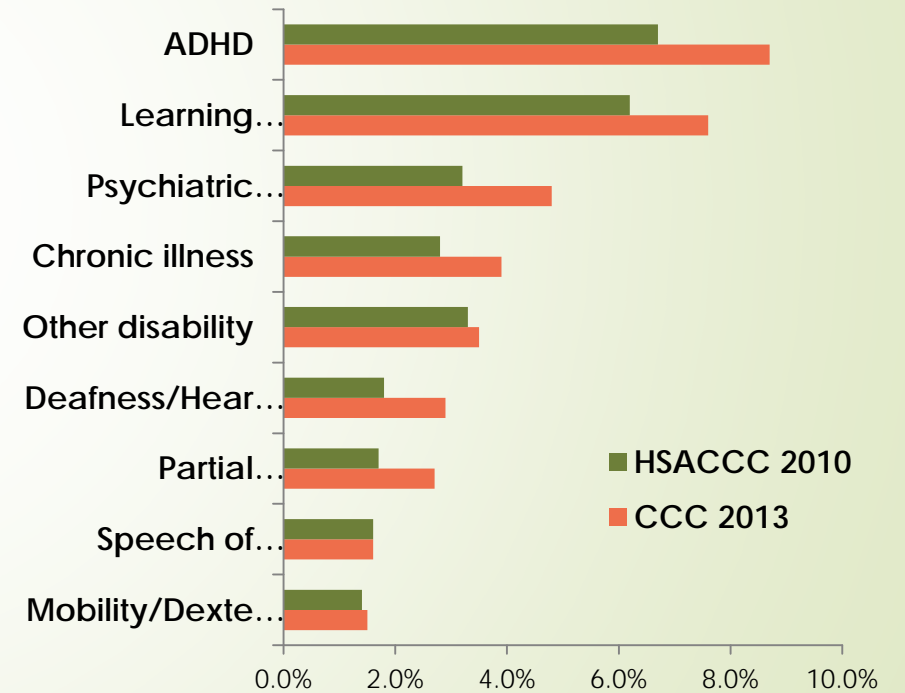
*Pending HSACCC Data: Supplemental Question
"Couch-Surfing or Homeless" as part of "Other"*

Select Demographics

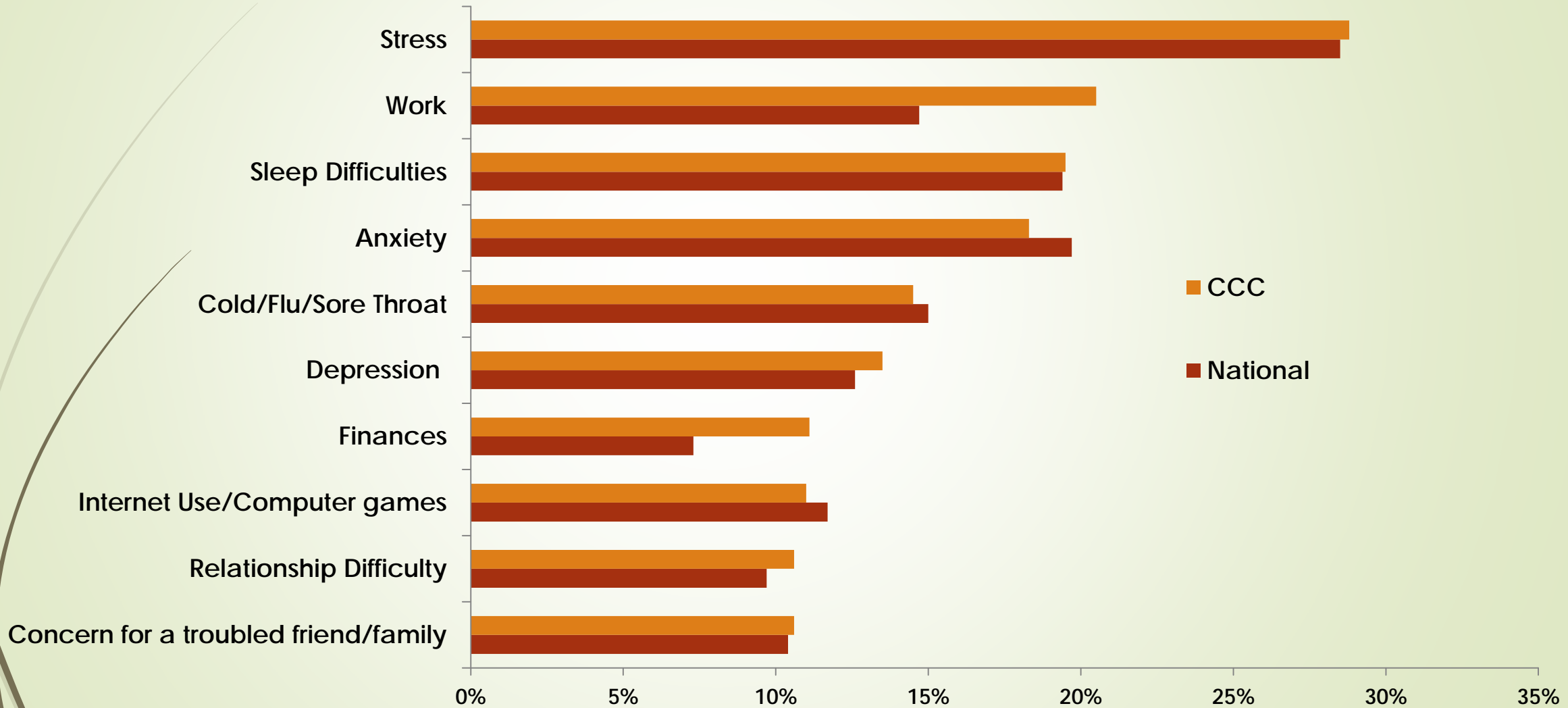
Disabilities – CCC/National 2013



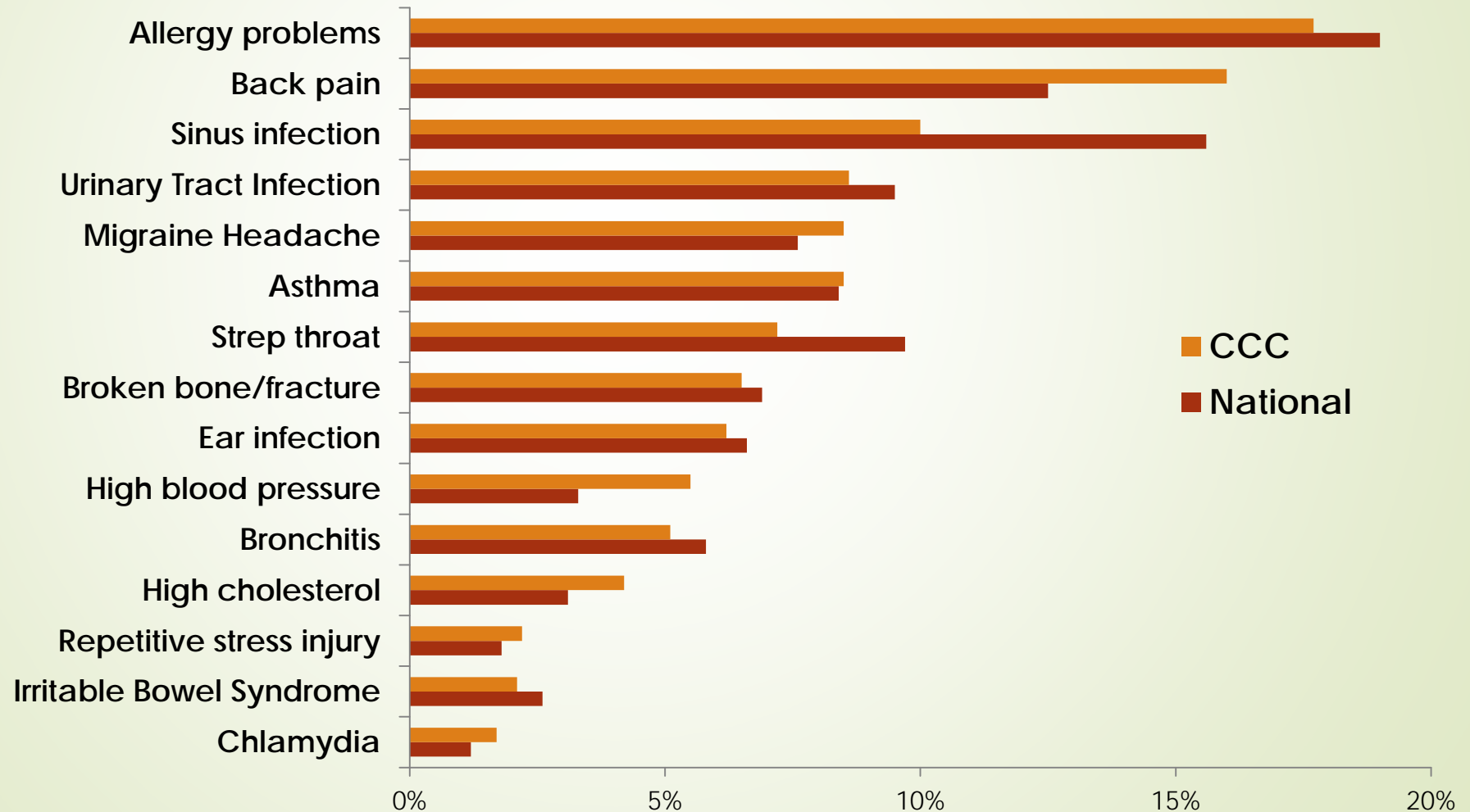
Disabilities – CCC 2010/2013



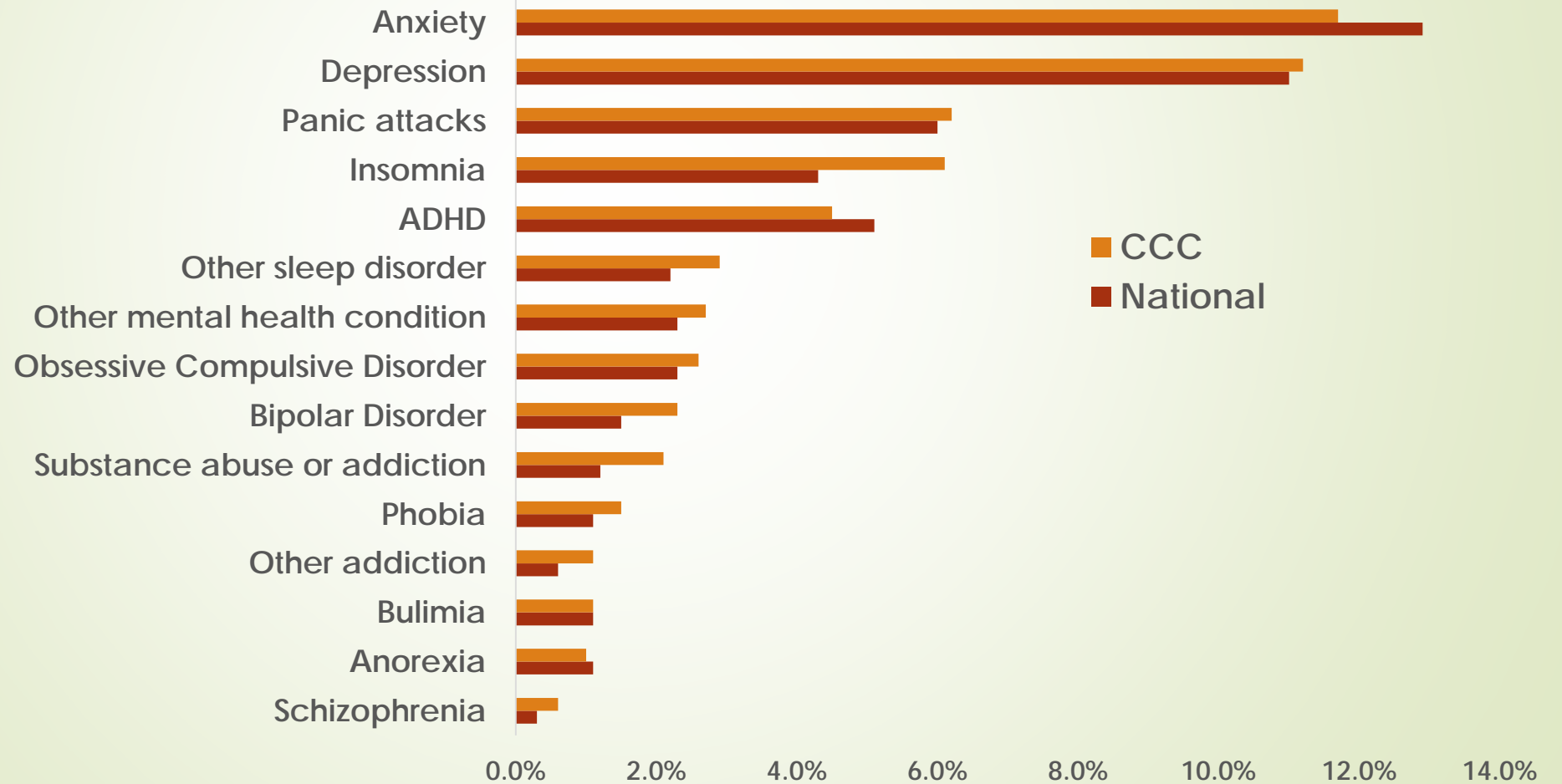
Negative Impact on Academic Success



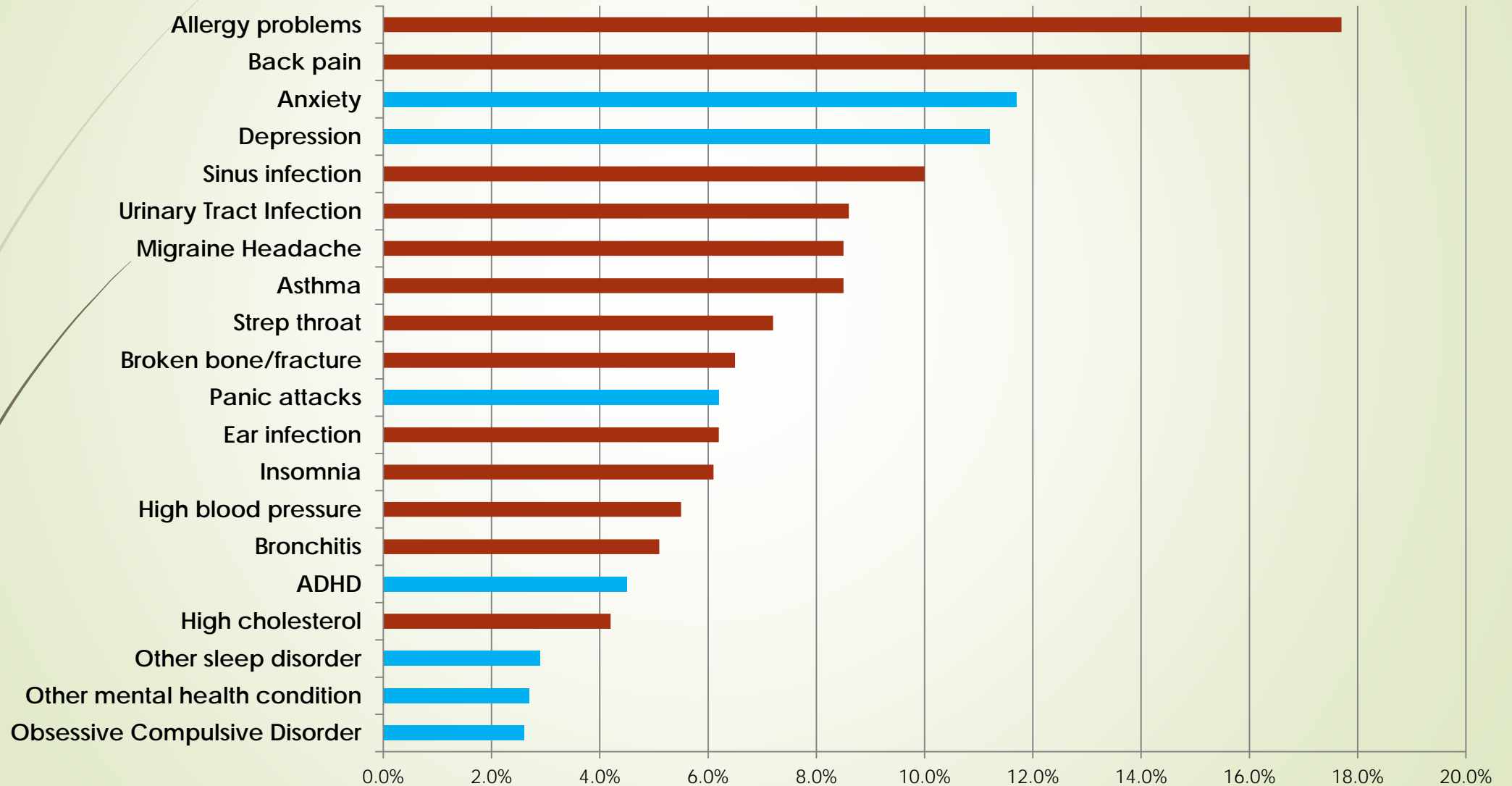
Conditions Diagnosed and/or Treated Within the Last 12 Months – Physical Health (Top15)



Conditions Diagnosed and/or Treated Within the Last 12 Months – Mental Health (Top15)

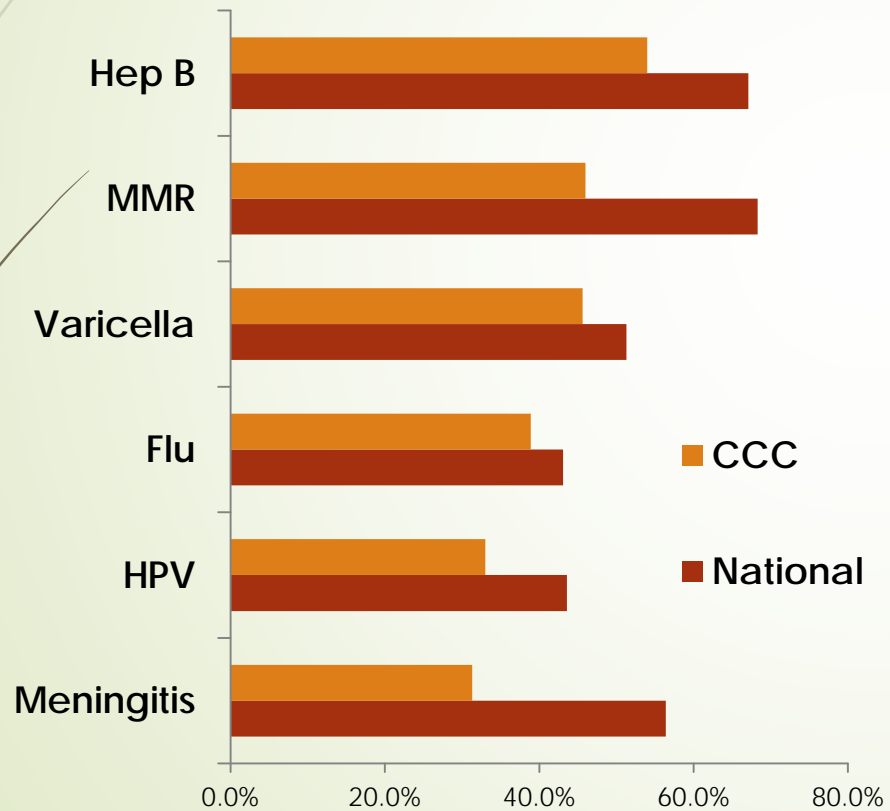


Conditions Diagnosed and/or Treated Within the Last 12 Months – CCC- Physical and Mental Health (Top 20)

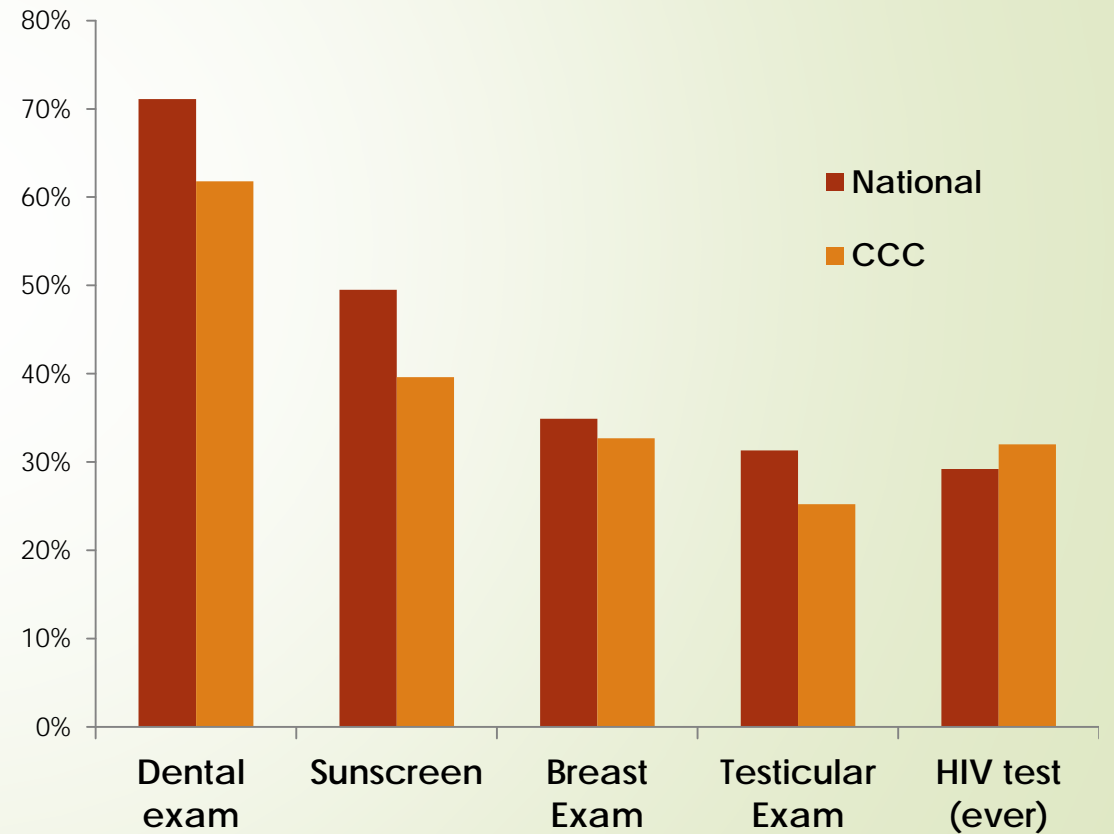


Prevention

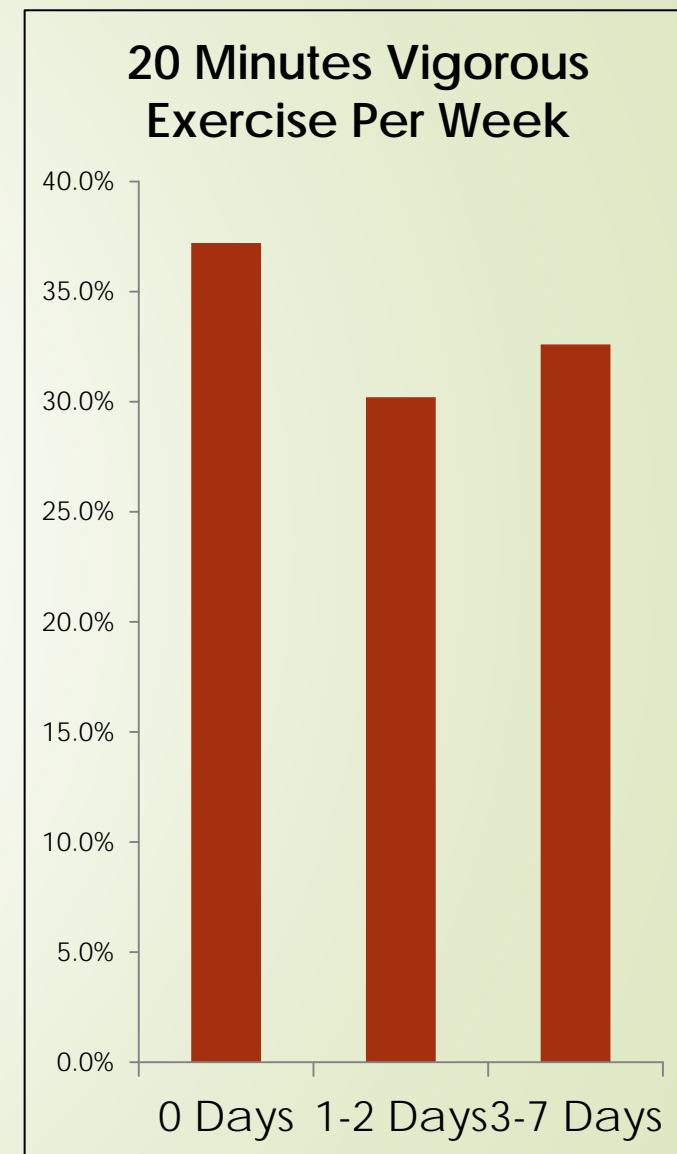
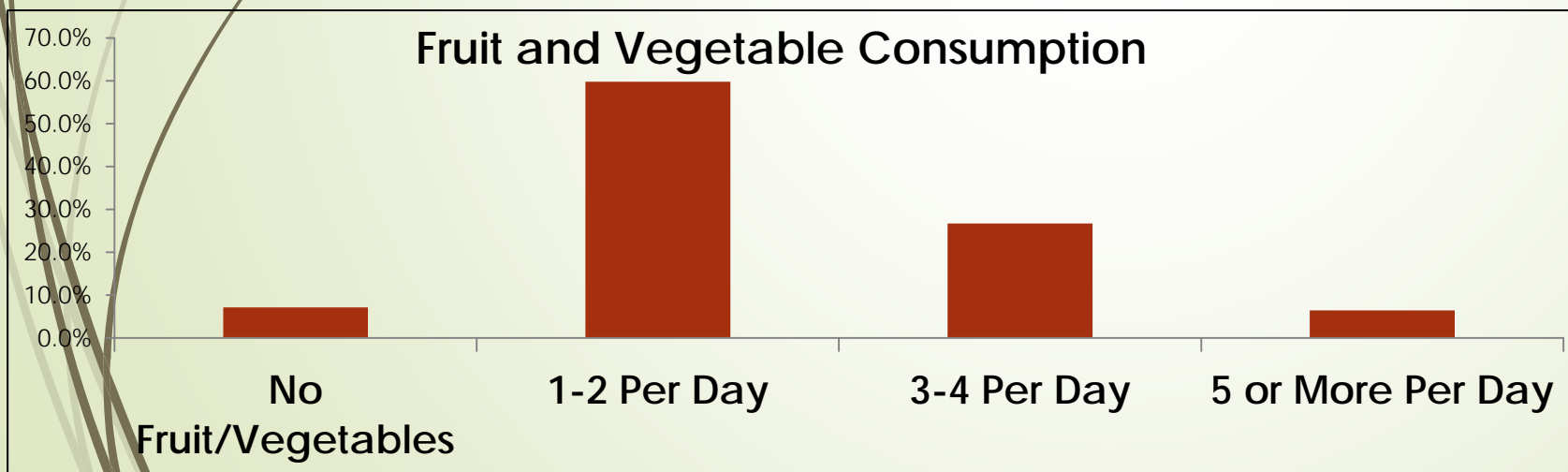
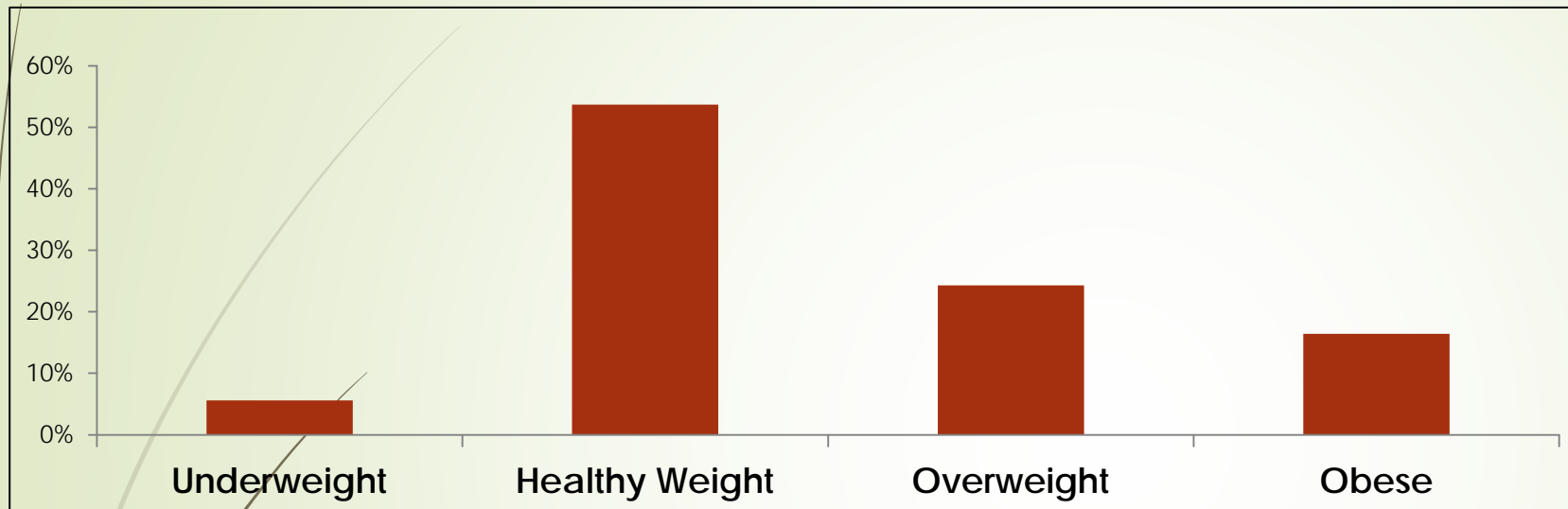
Immunizations



Other Preventive Care

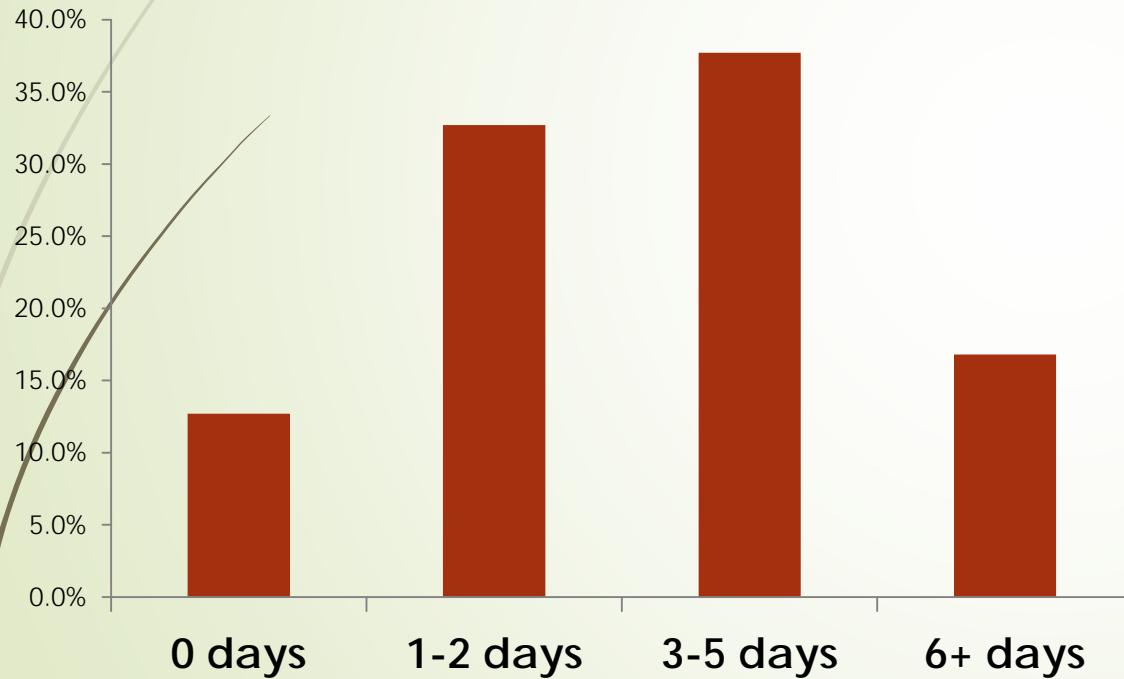


Nutrition, Exercise, and BMI

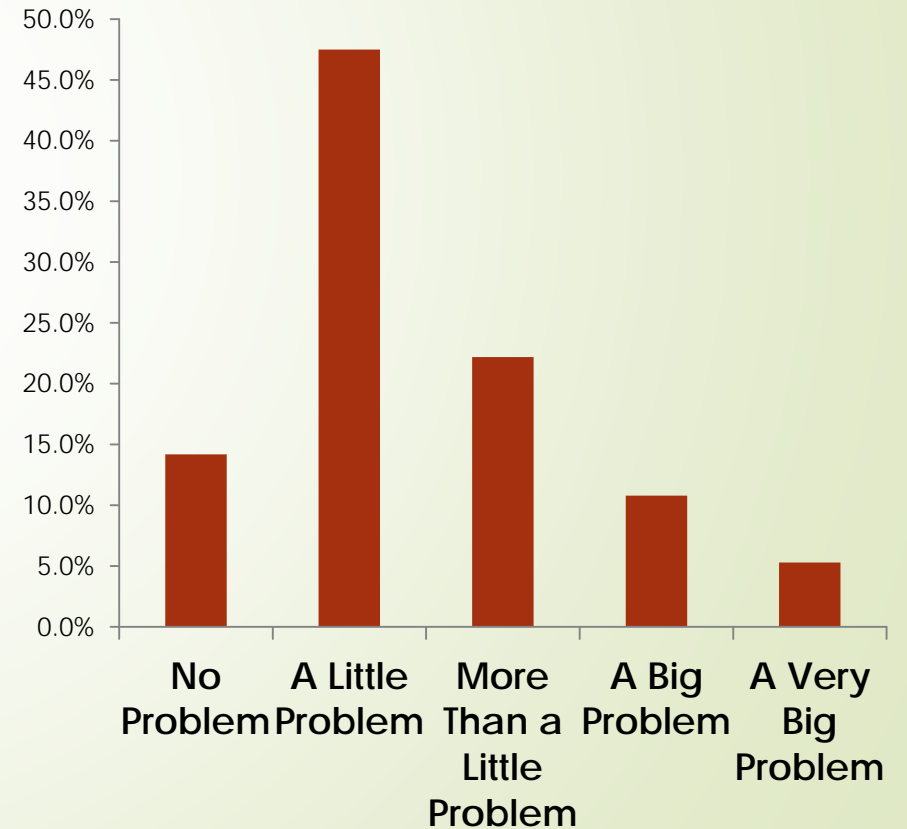


Sleep

In the past 7 days, felt tired, dragged out, or sleepy

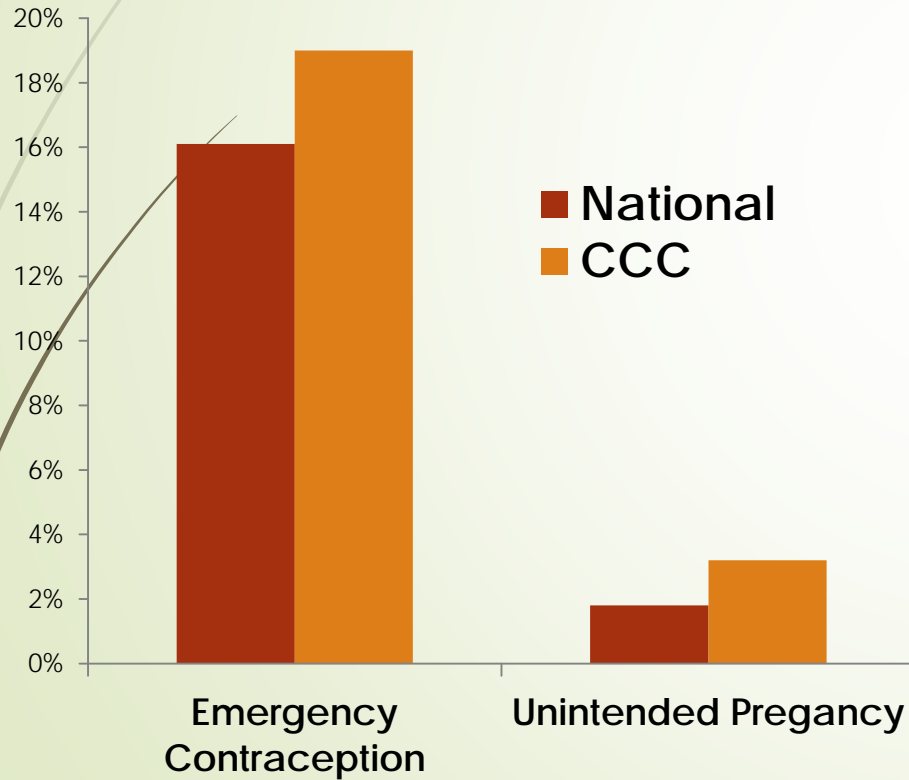


In the past 7 days, problem with sleepiness during daytime activities

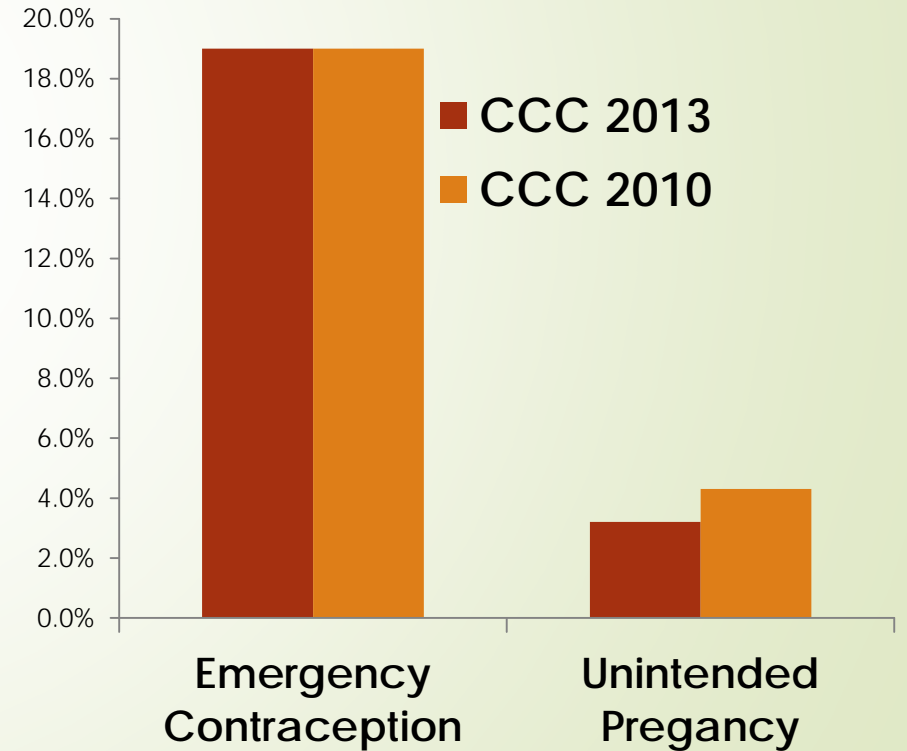


Reproductive Health

Unintended Pregnancy - Comparison

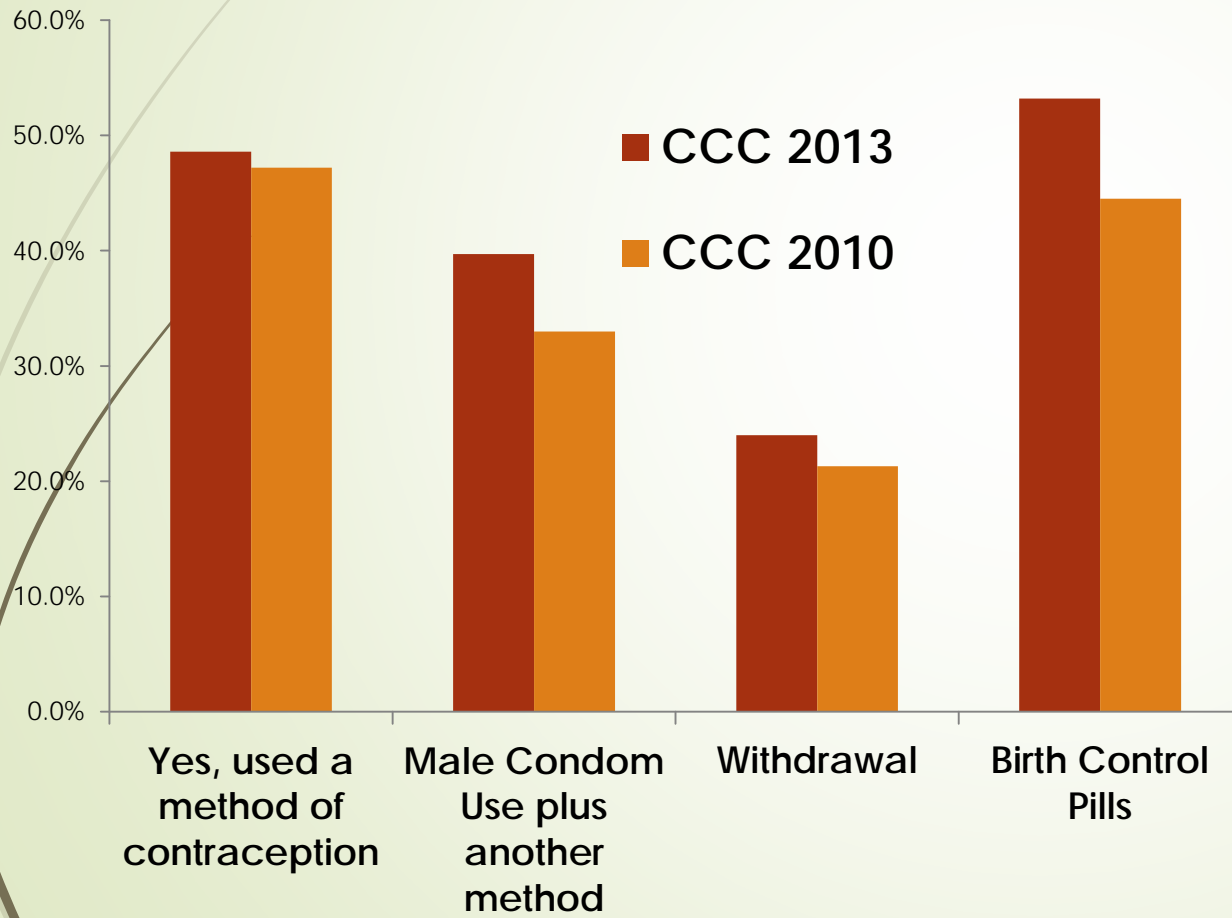


Unintended Pregnancy and Emergency Contraception - CCC Student Trend



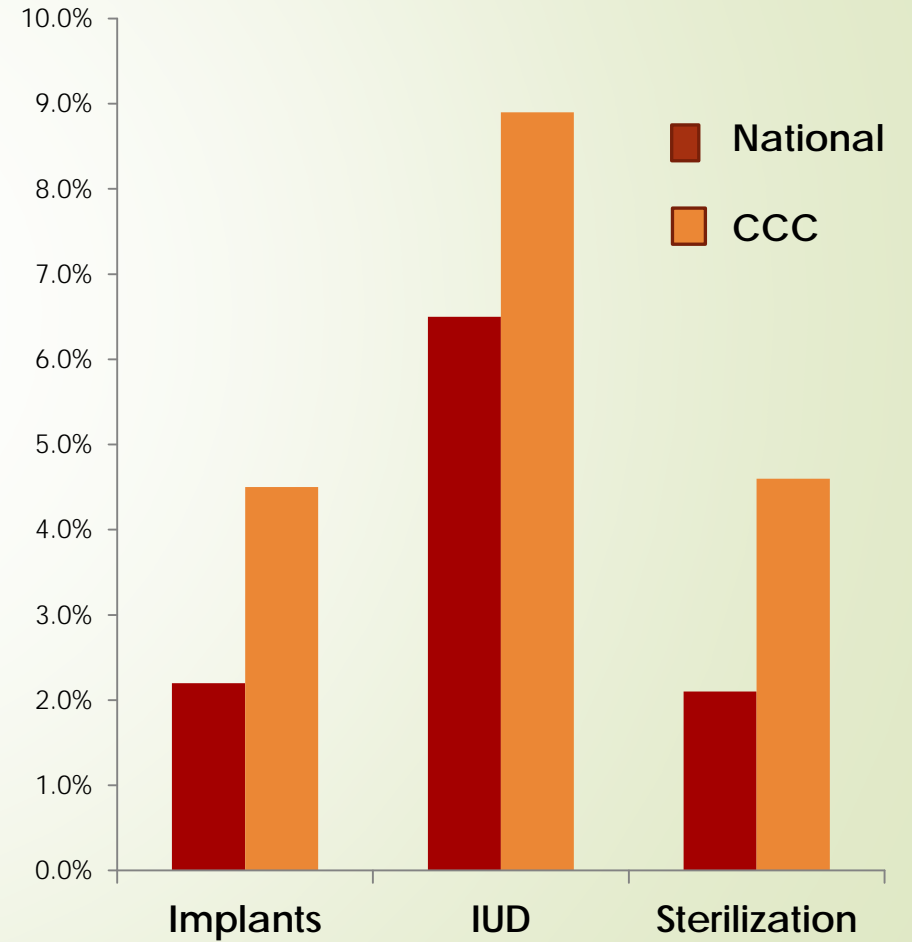
Birth Control Methods

Trends CCC Students



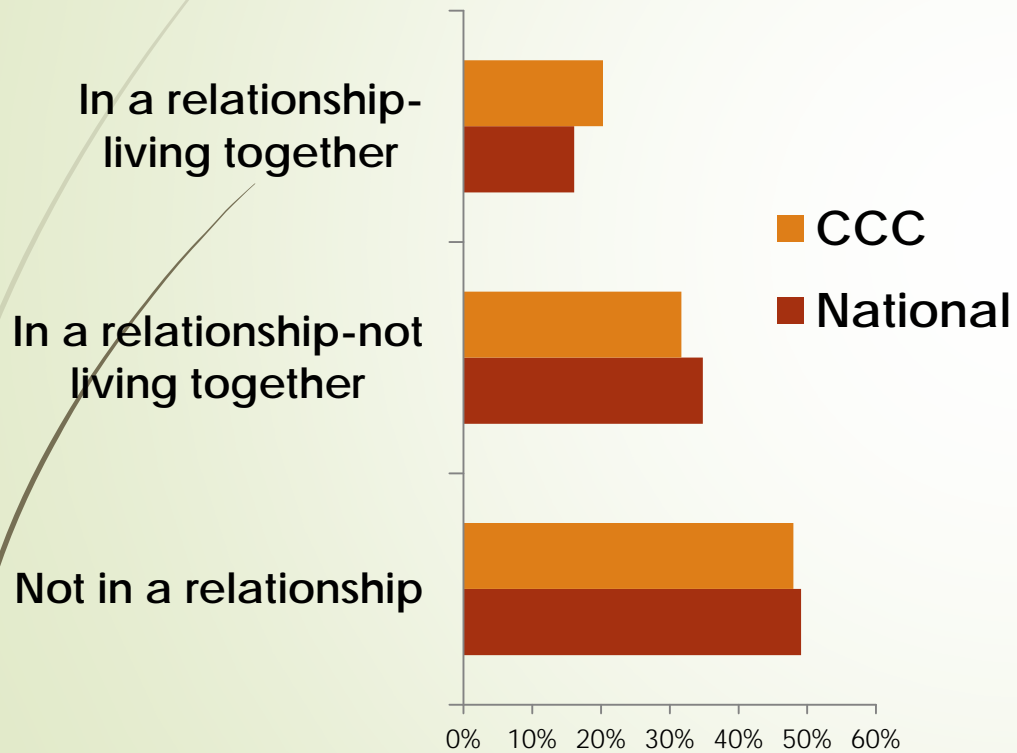
LARCS

National-CCC comparison

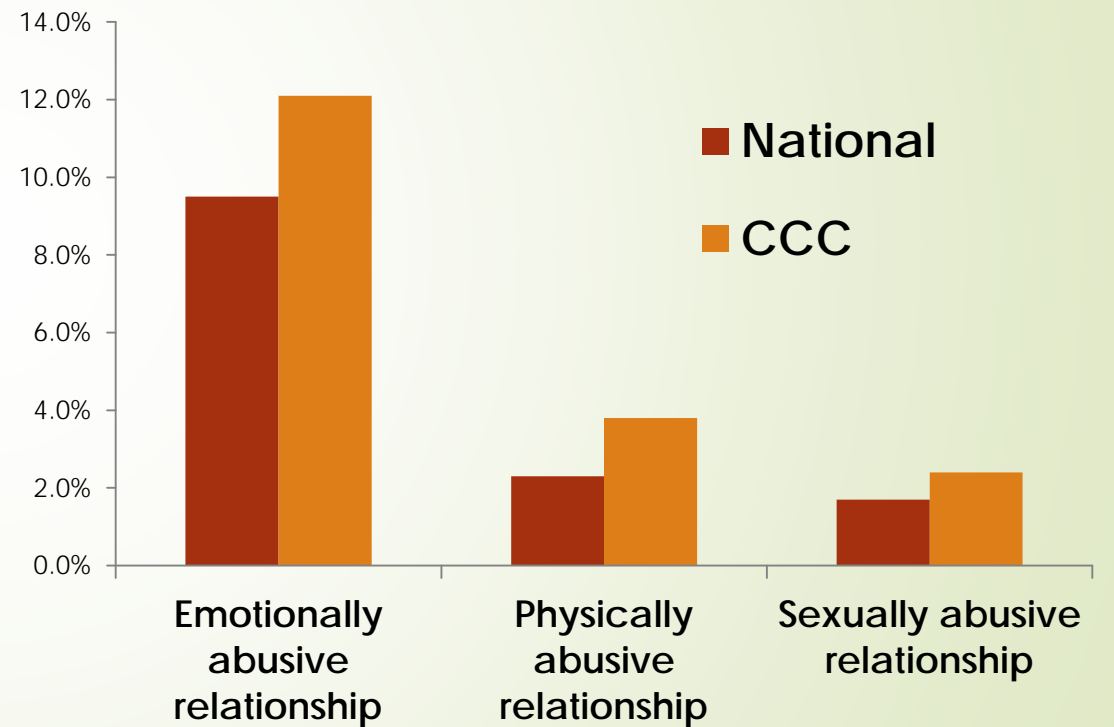


Relationships

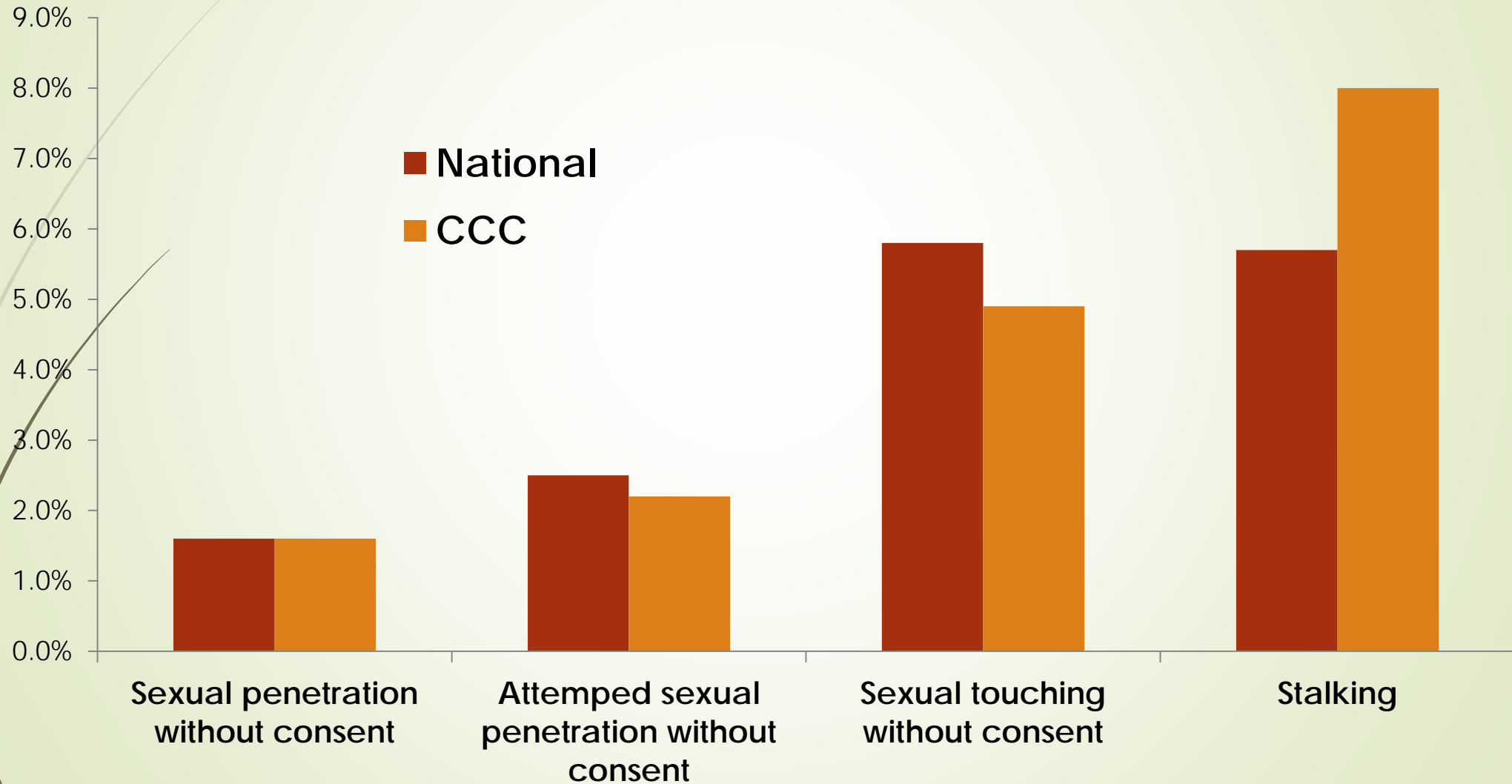
Relationship Status



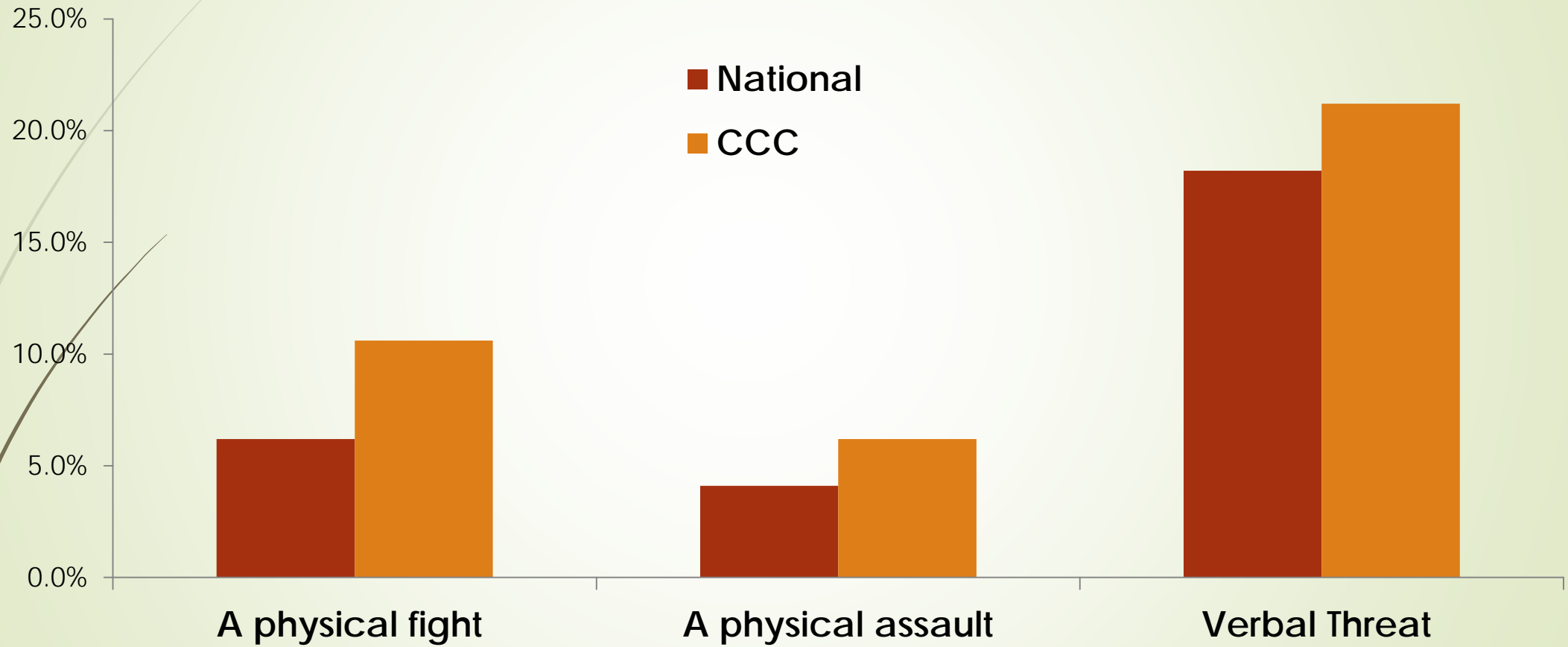
Relationship Violence



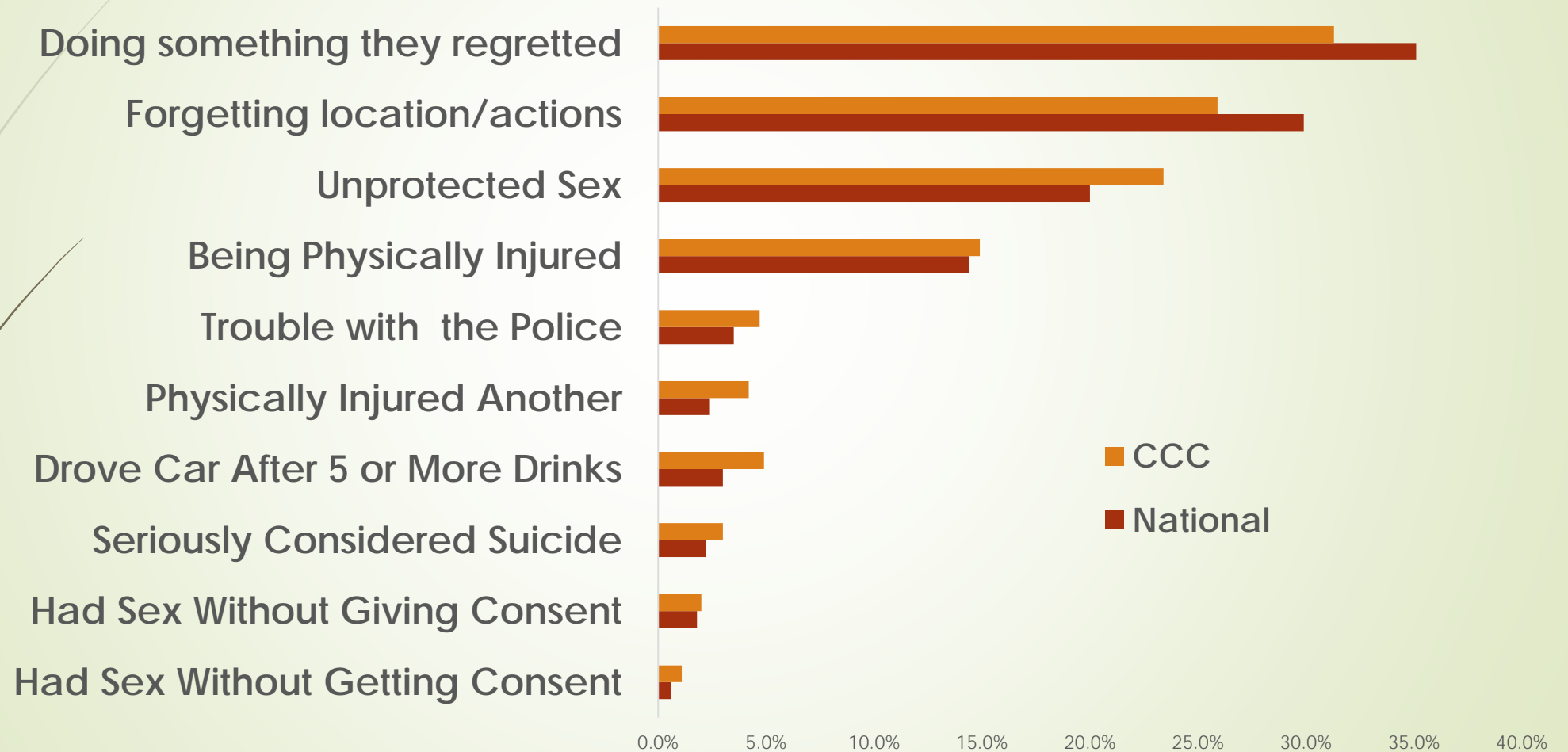
Violence-Sexual Assault



The Experience of Violence

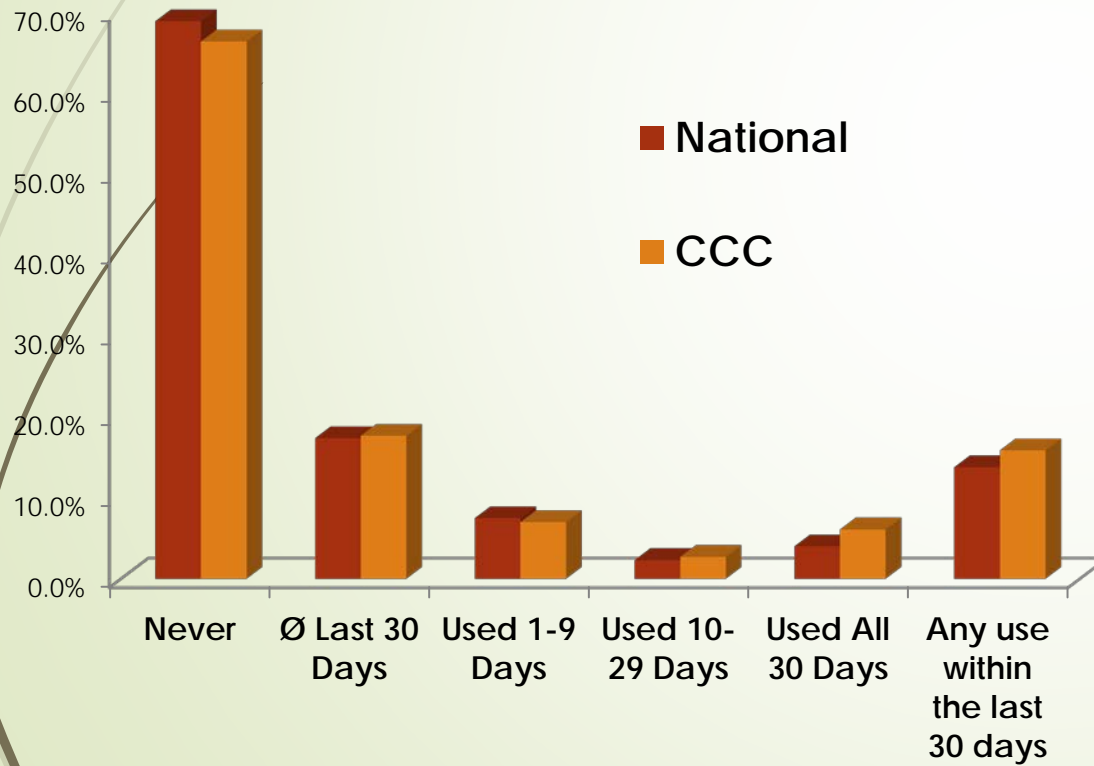


Negative Consequences of Drinking Alcohol

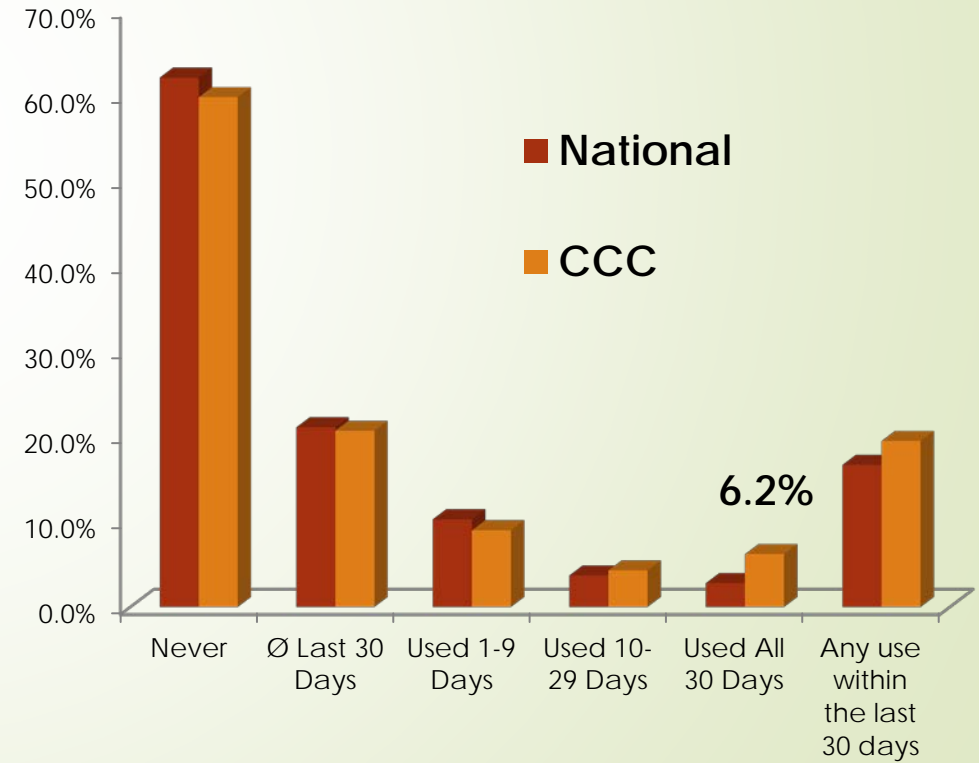


Substance Abuse

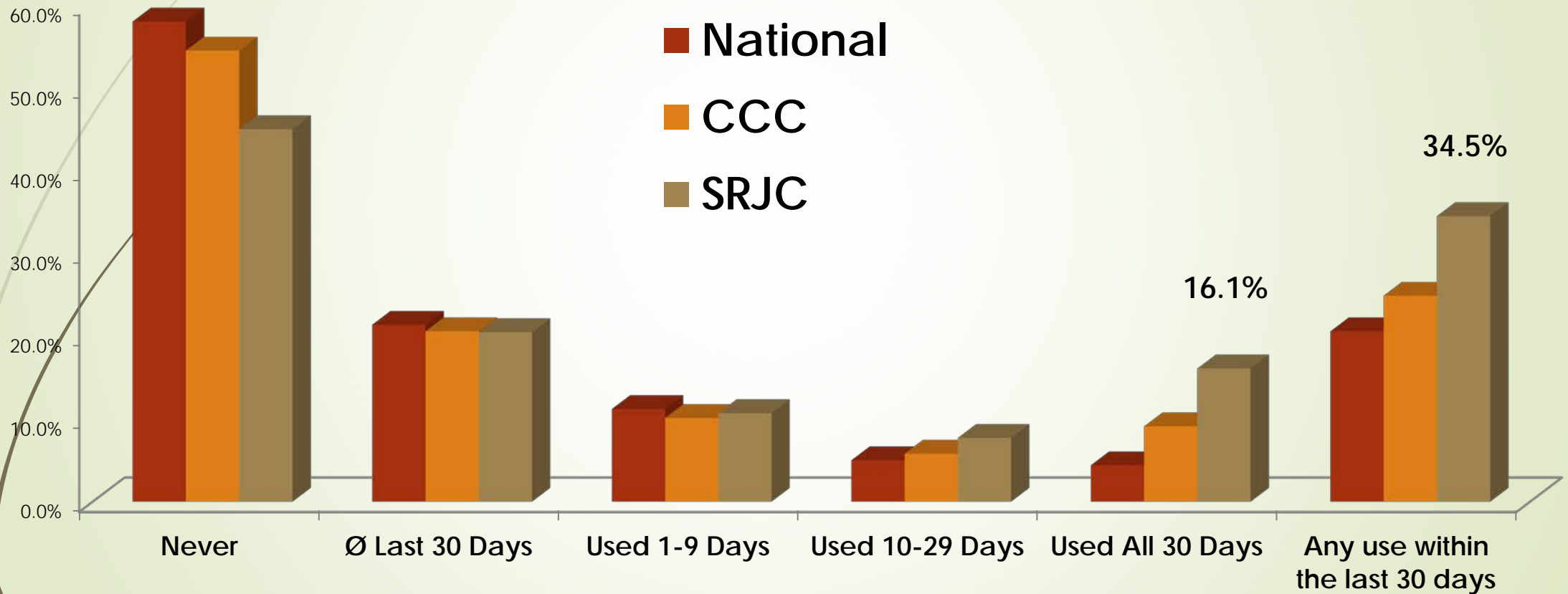
Cigarettes



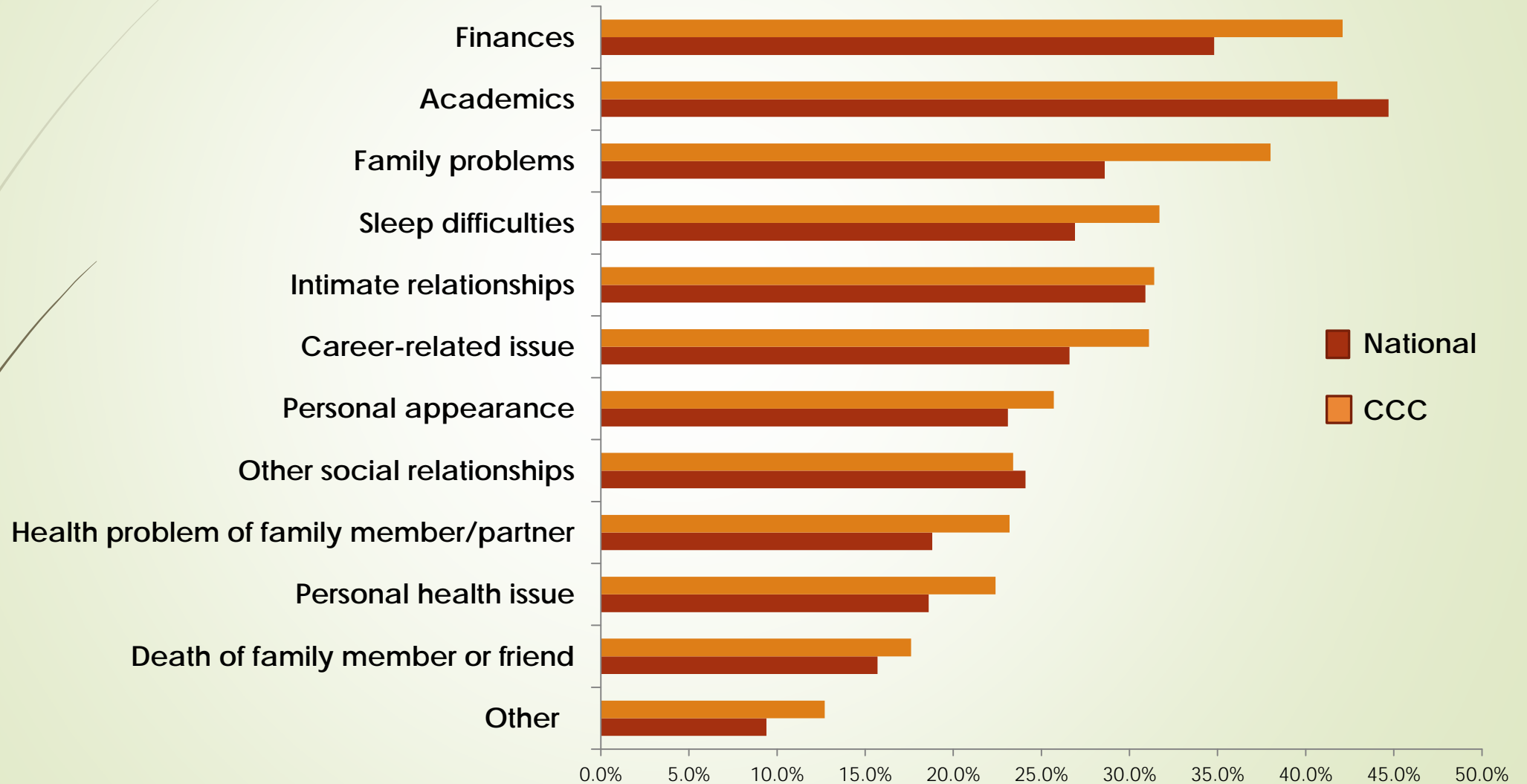
Marijuana



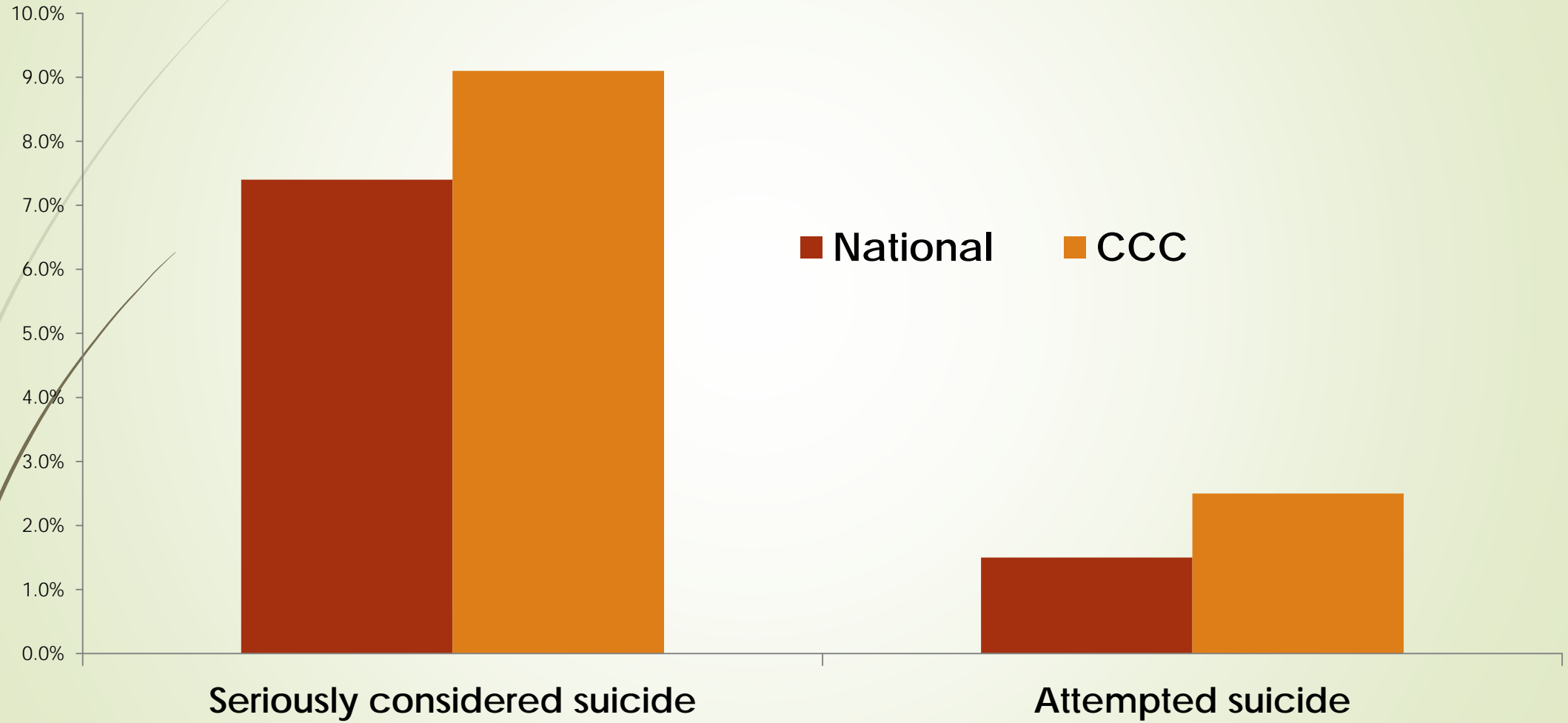
An example of the value of local data, compared with national and state data, by gender breakout (males only)



Traumatic/Difficult to Handle Last 12 Months




Suicide





Next Steps

- Additional trend and comparison data from Executive Summary reports is easy and accessible to all! 2007, 2010 and 2013 CCC Consortium Executive Summaries are all available for these relatively simple reports.
- If you did a local NCHA survey, do your own comparison analysis!
- You may request a customized SPSS file or other report from the HSACCC Consortium Database to support your more focused and in-depth research questions, for a specific project or dissertation.
 - Complete a HSACCC research request form (on web site)
 - Submit to Research Committee for review.
 - SRJC's Office of Institutional Research will prepare this once approved by HSACCC.
- The increased risk factors we seem to be seeing in our student population around violence are begging for some further research! Dissertation topic?



Next Steps - continued

- ▶ CARS will be working on an ethnicity, age, gender and other demographic breakout of mental health issues and develop some “packaging”, such as fact sheets.
- ▶ Similar products addressing other/all health issues preferable, such as BMI, obesity, nutrition; i.e. a series of “Fact Sheets:.
- ▶ GPAC is requesting a report on AOD issues within the next couple of months, based on the new data. Anyone interested in formulating the questions onto a research request report form, and assist our GPAC representative in preparing and presenting the report?
- ▶ National Campaign for Prevention of Pregnancy is interested in breaking out data on reproductive health issues from the database. Any one interested in diving into the reproductive health questions, with some demographic breakouts, cross tab with other health issues (relationship violence, mental health and unintended pregnancies, number of sexual partners, etc)
- ▶ PCCHA may be able to make available \$2000 mini grants to support research within the CCC system. (Jim Grizzell, Sang Trieu on Executive Board). PCCHA members may contact them directly.



HSACCC Annual Survey 12-13

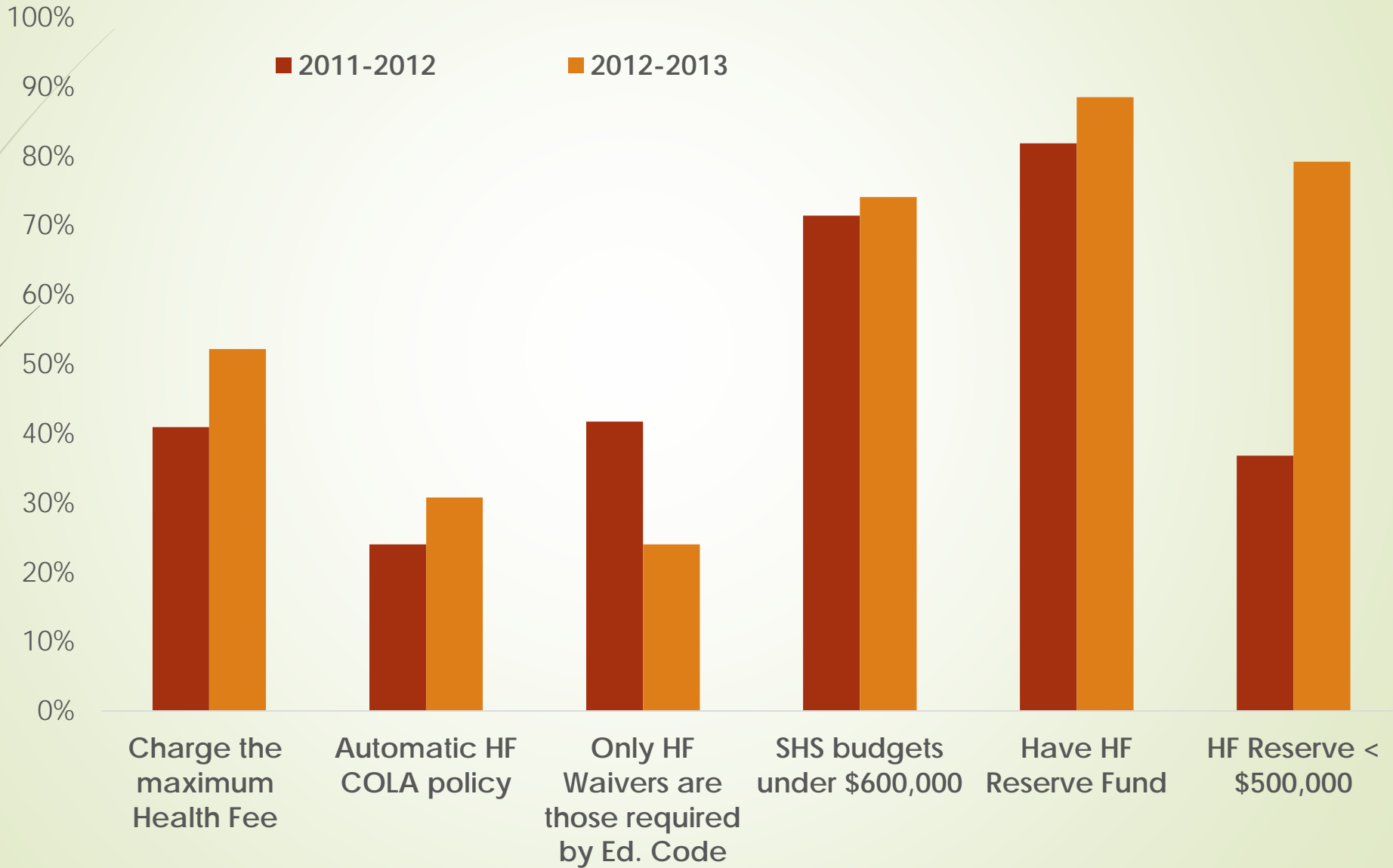
- Benchmark survey for CCC Health Services
- Started 2008-2009 academic/fiscal year
- Administered online via Survey Monkey
- 80 Questions
- 7 Sections: Demographics, Compliance, Funding , Staffing, Scope of Service, Outcomes, Mental Health
- 30 colleges participated for 2012-2013



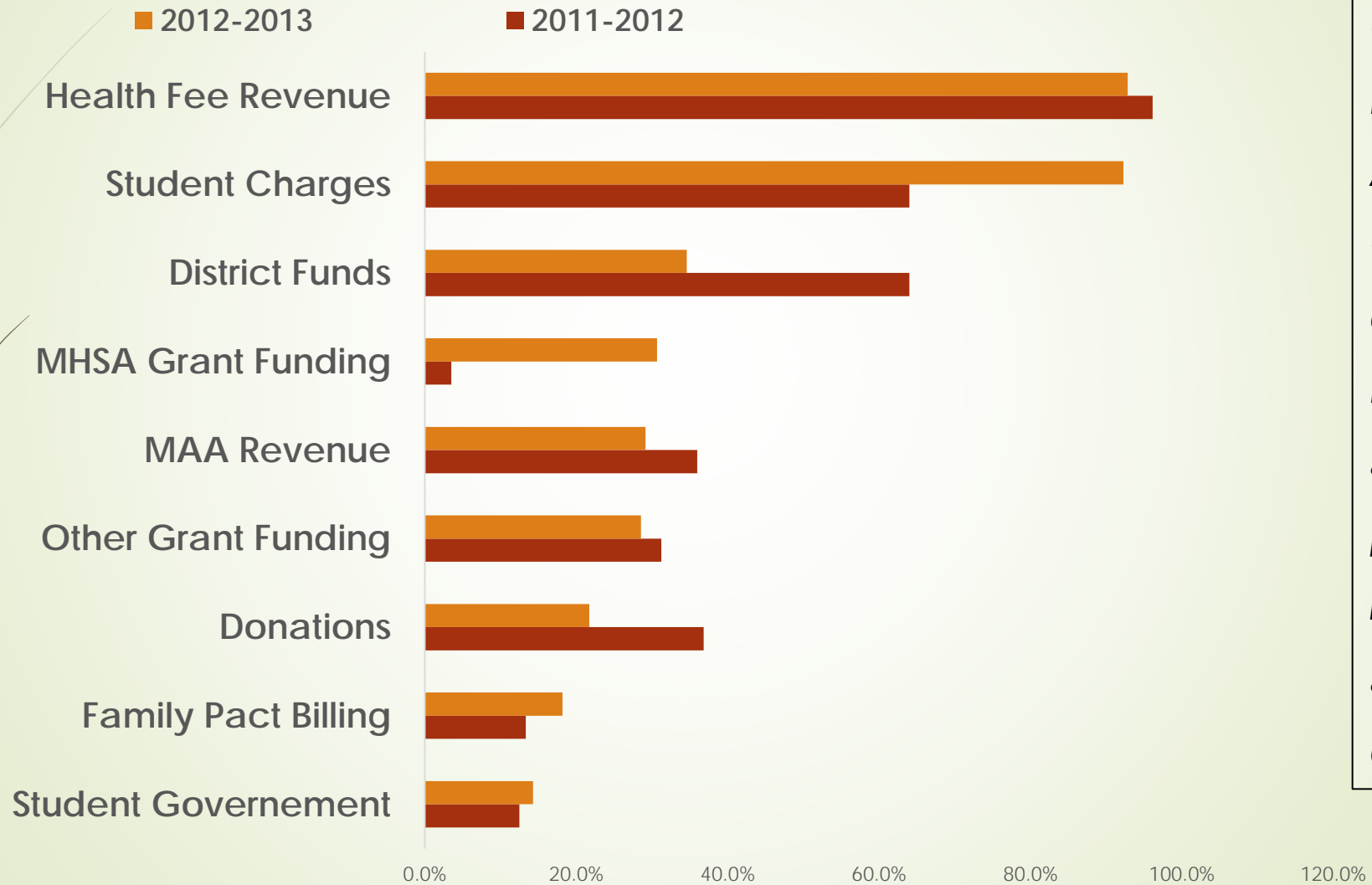
Things We Can Do With The Annual Survey Data

- ▶ Lived experiences from the group

Health Fee Trends

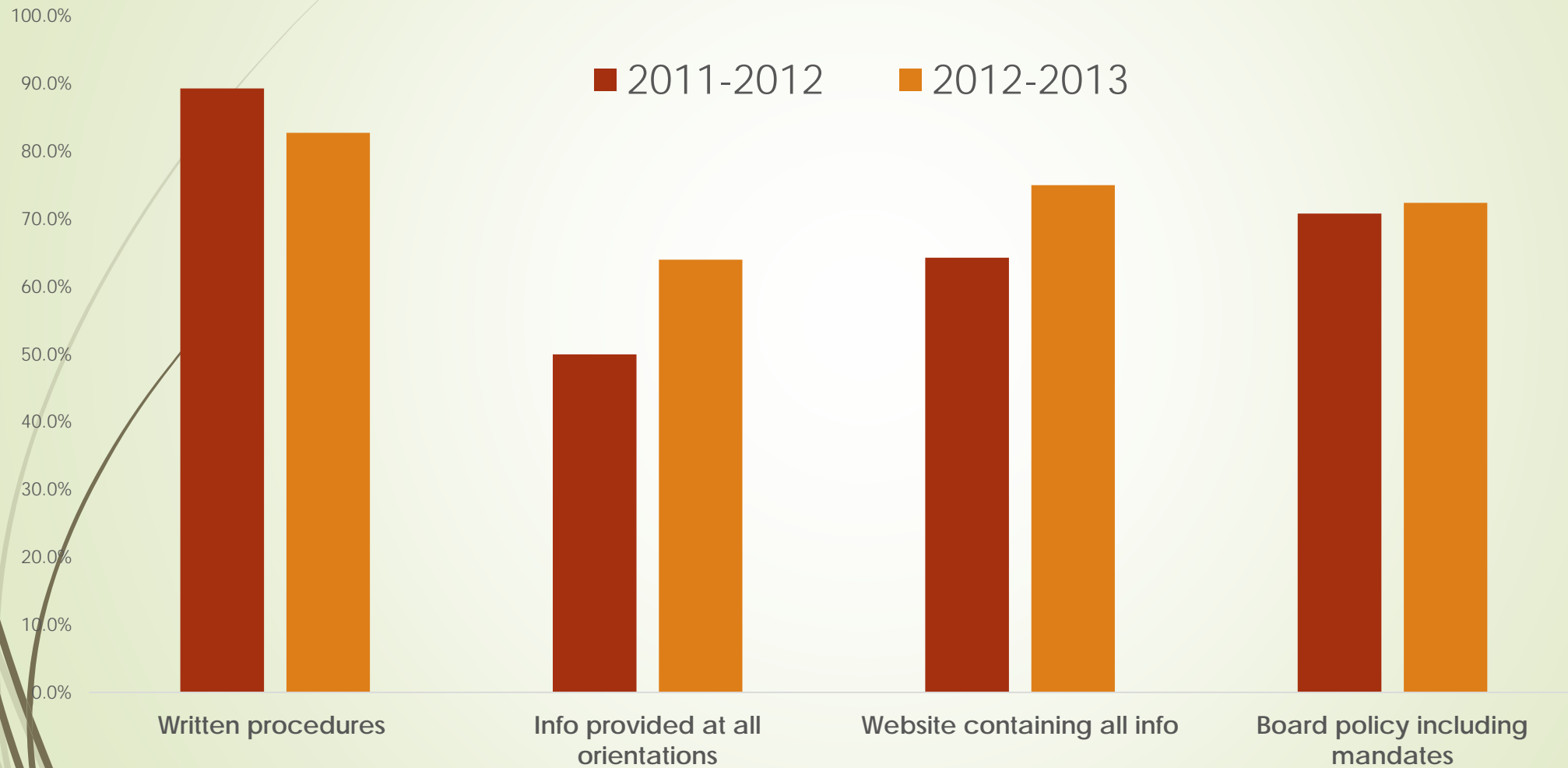


Student Health Funding Source Trend

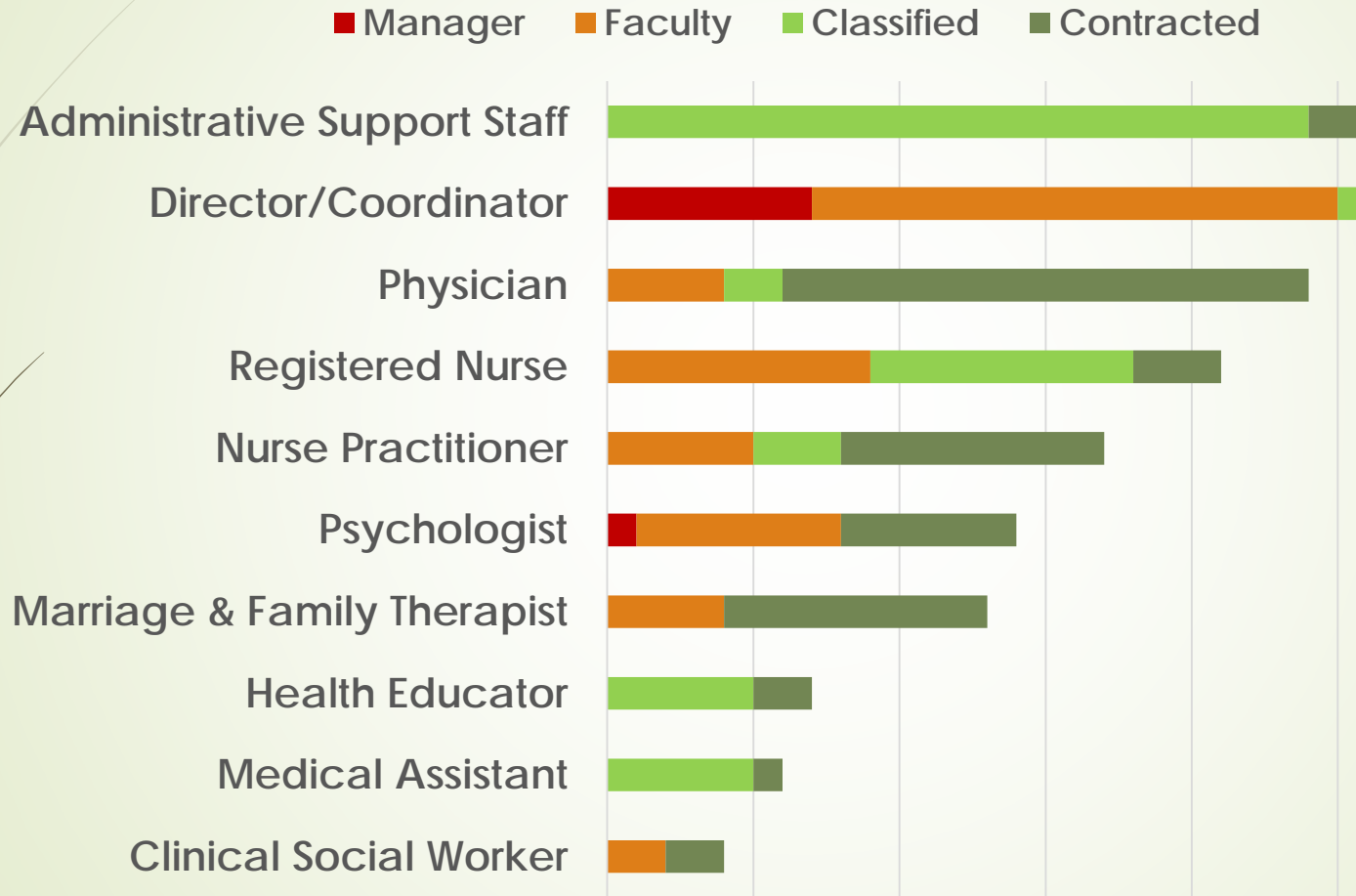


Colleges with a Health Services Advisory Committee, overseeing Health Fee fund and program planning, remains low, at only 20% during 12-13.

Sexual Assault Prevention and Response – Fully Compliant



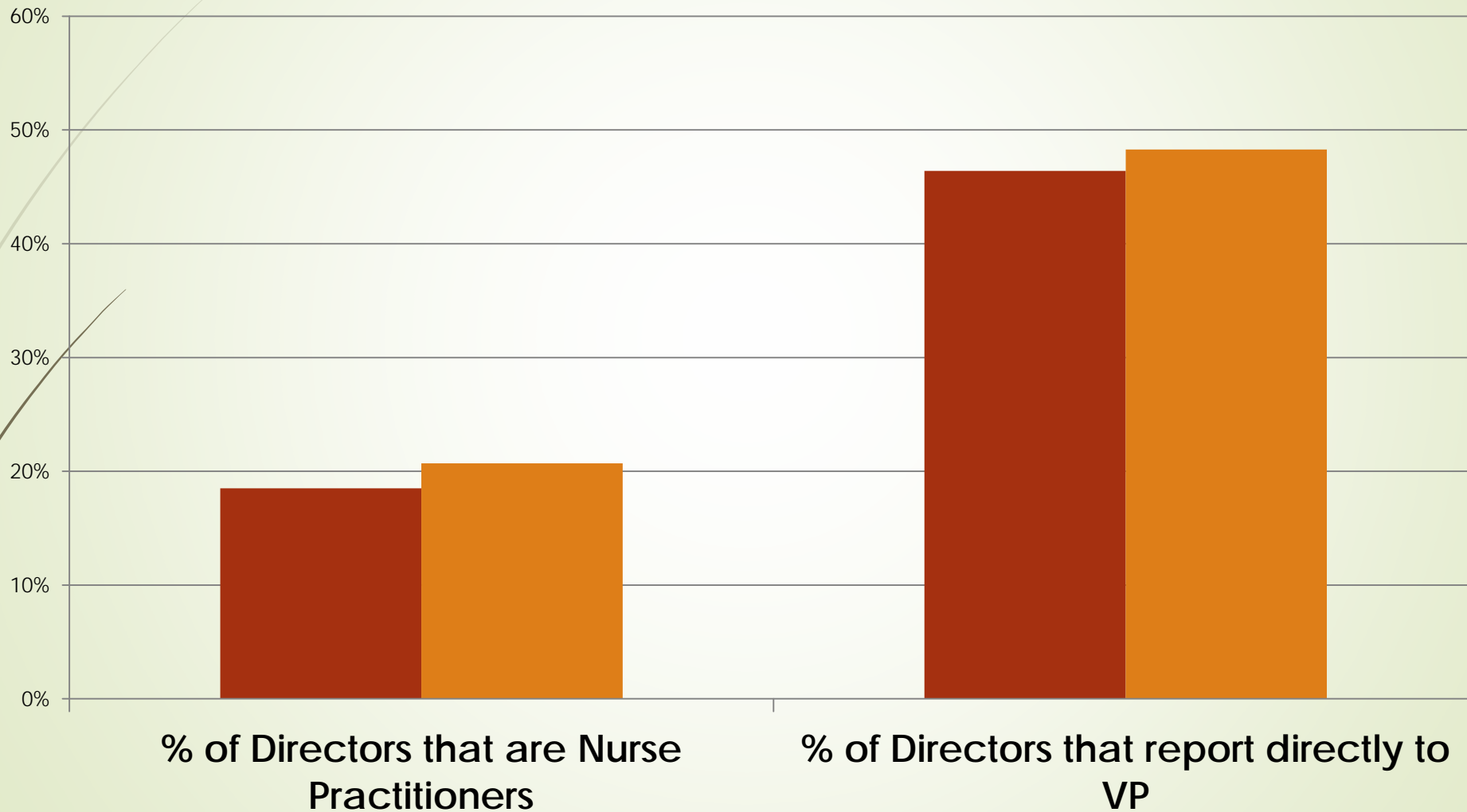
Employment Classification



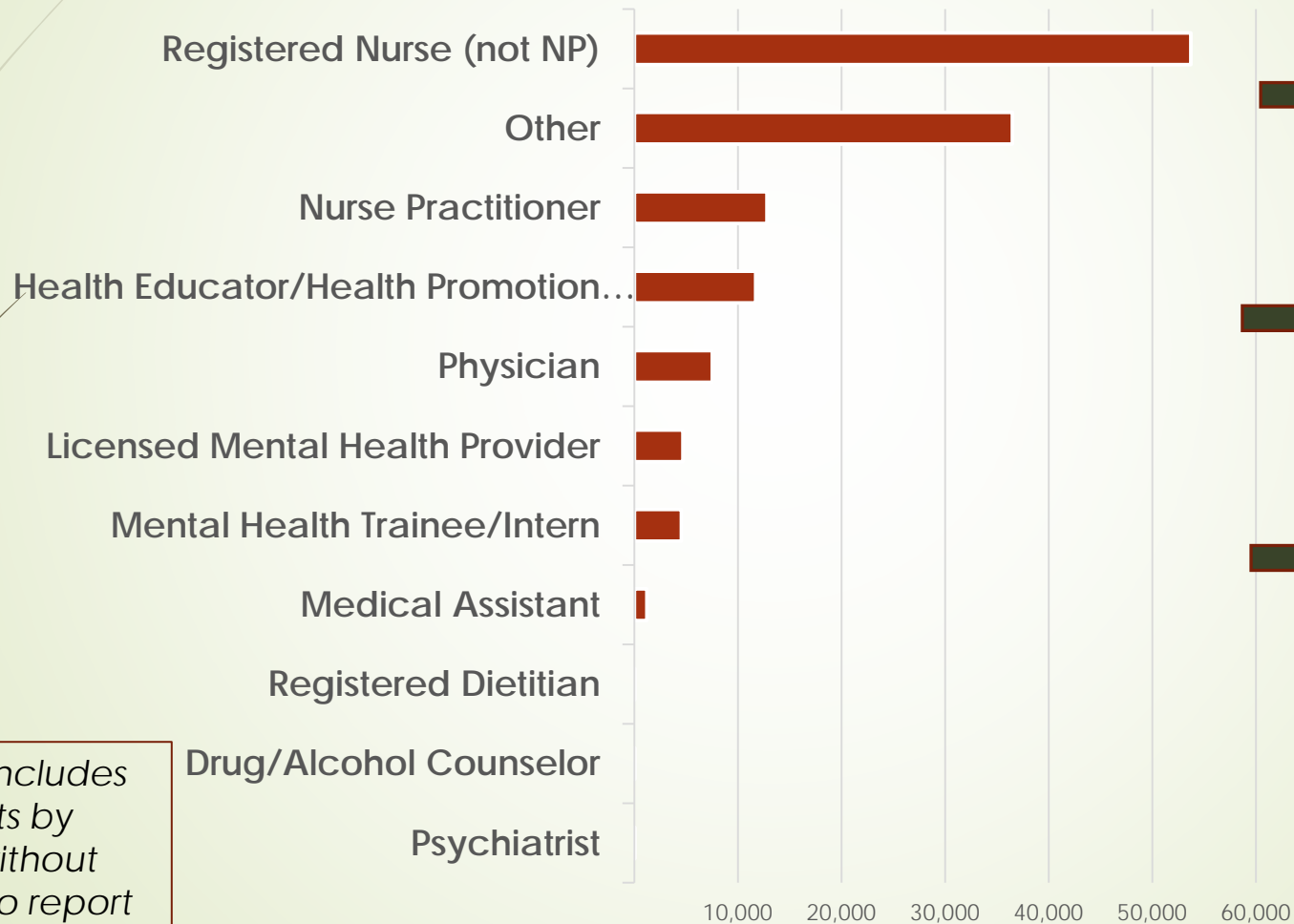
Full Time Equivalency Staff

- ✓ Average 6.1FTE per college
- ✓ Range 1.65 to 21.35 FTE.
- ✓ Temporary, Hourly, Contract Workers = 53.3% of the workforce

Health Services Director/Coordinator Tidbits



Professional Service Visits by Type



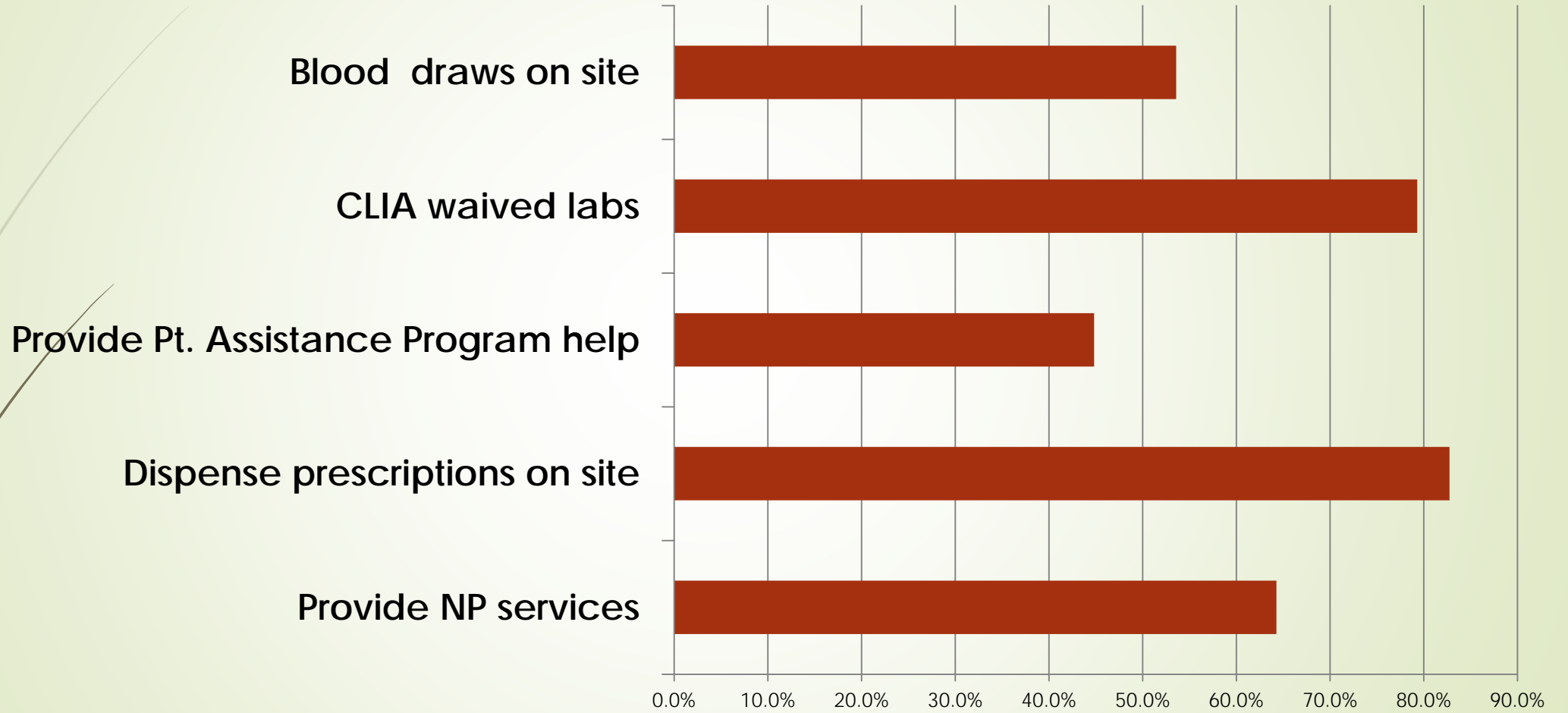
22 colleges reporting
132,867 service visits
Average 7849

64.3% of colleges
provide Nurse
Practitioner Services

62.1% provide direct
care physician
services in health
centers

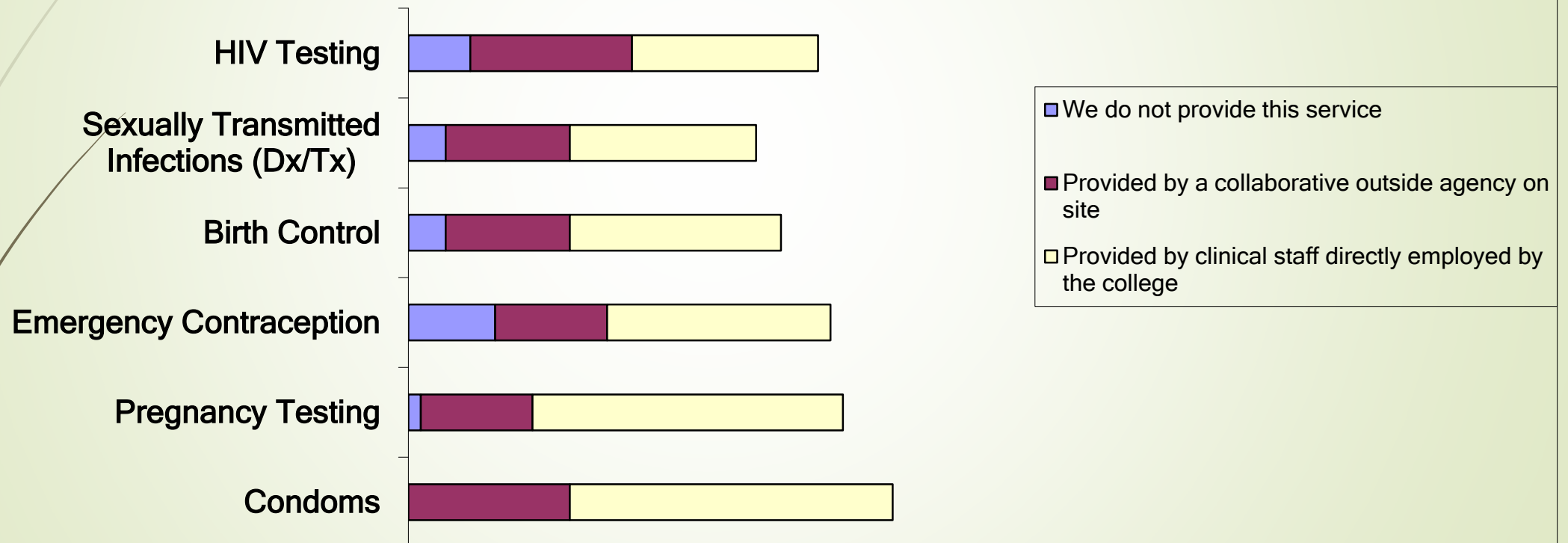
* "Other" includes
service visits by
colleges without
capacity to report
by provider type

Clinical Services



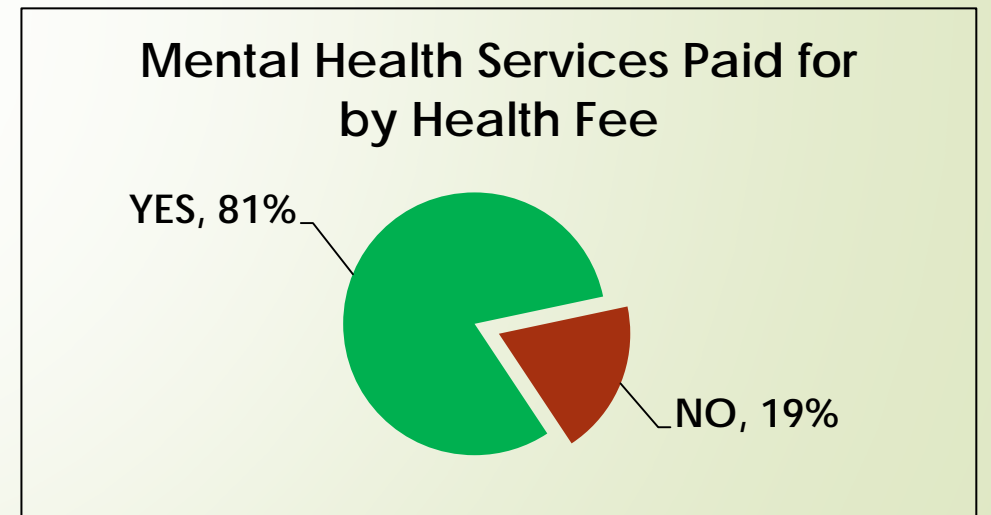
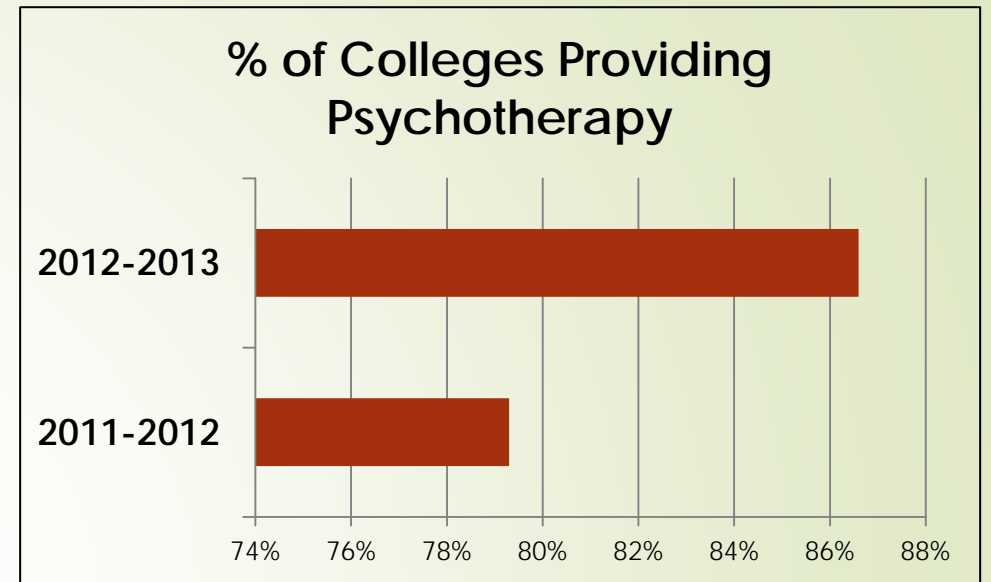
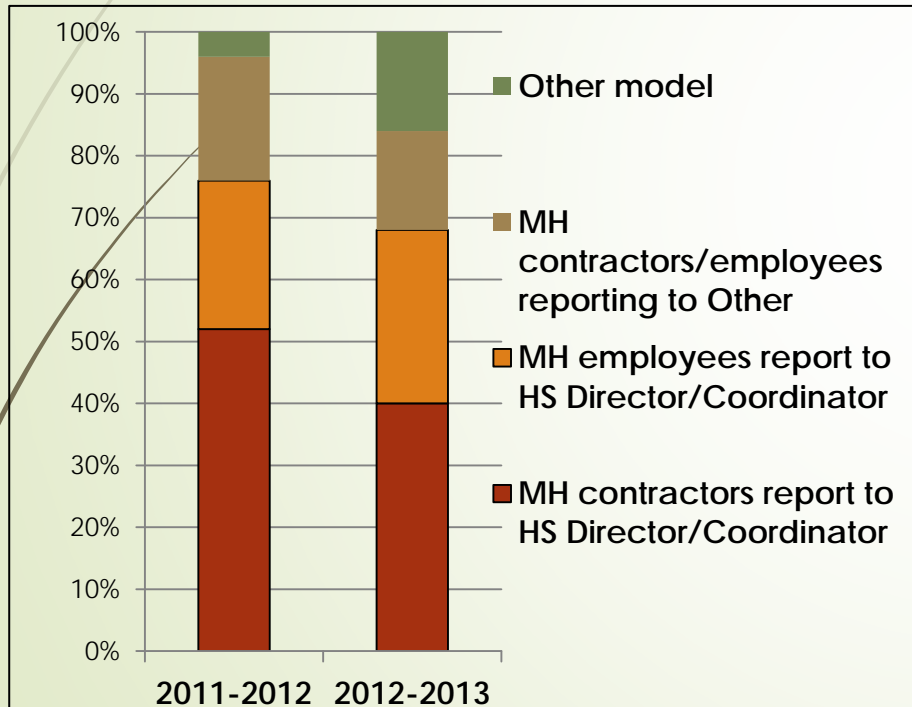
Reproductive Health Collaborative Practices

Please provide information on the type of reproductive health services in your health center(s). (check all that apply)

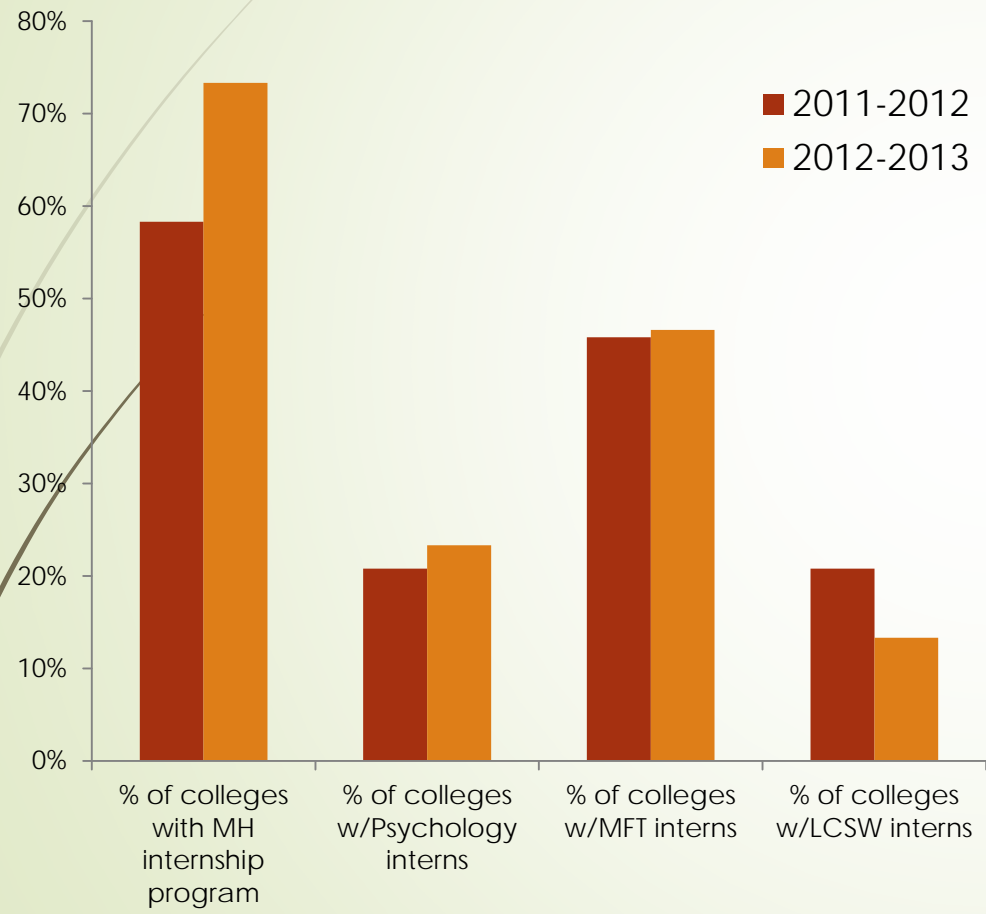


Mental Health ONE YEAR'S PROGRESS!!

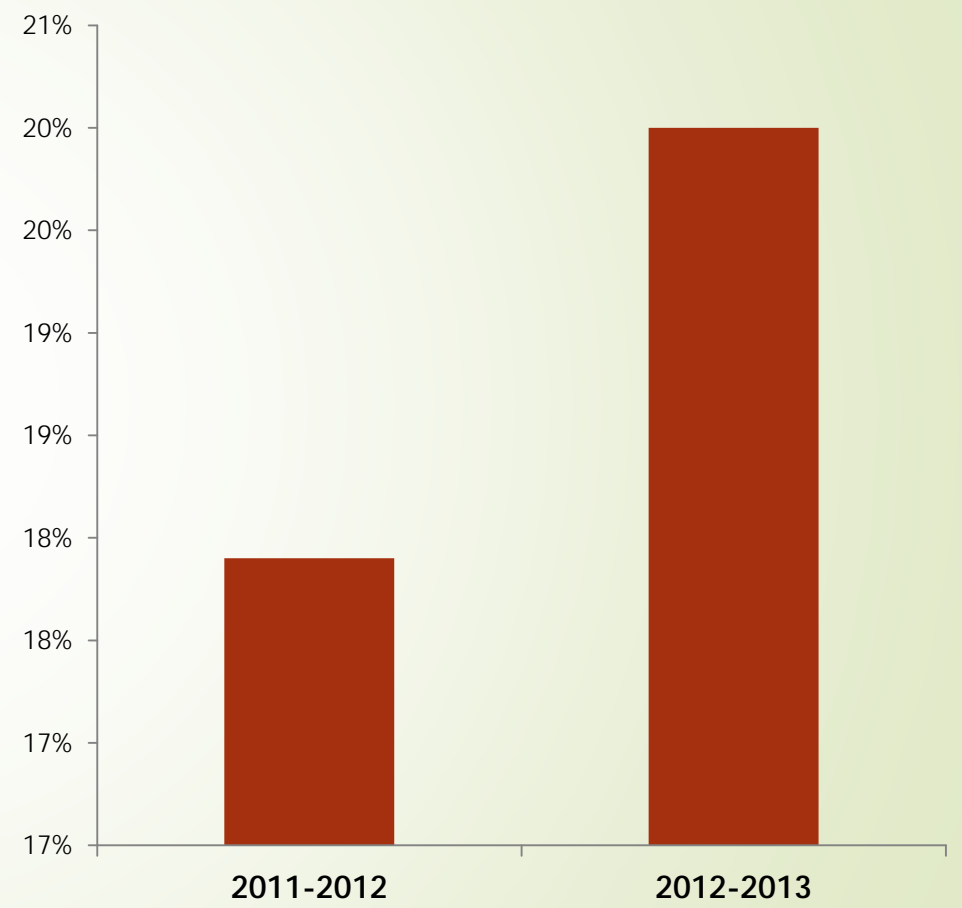
Increase in direct mental health services
 Paid for by the Health Fee
 Under the supervision of Health Services Directors/Coordinators



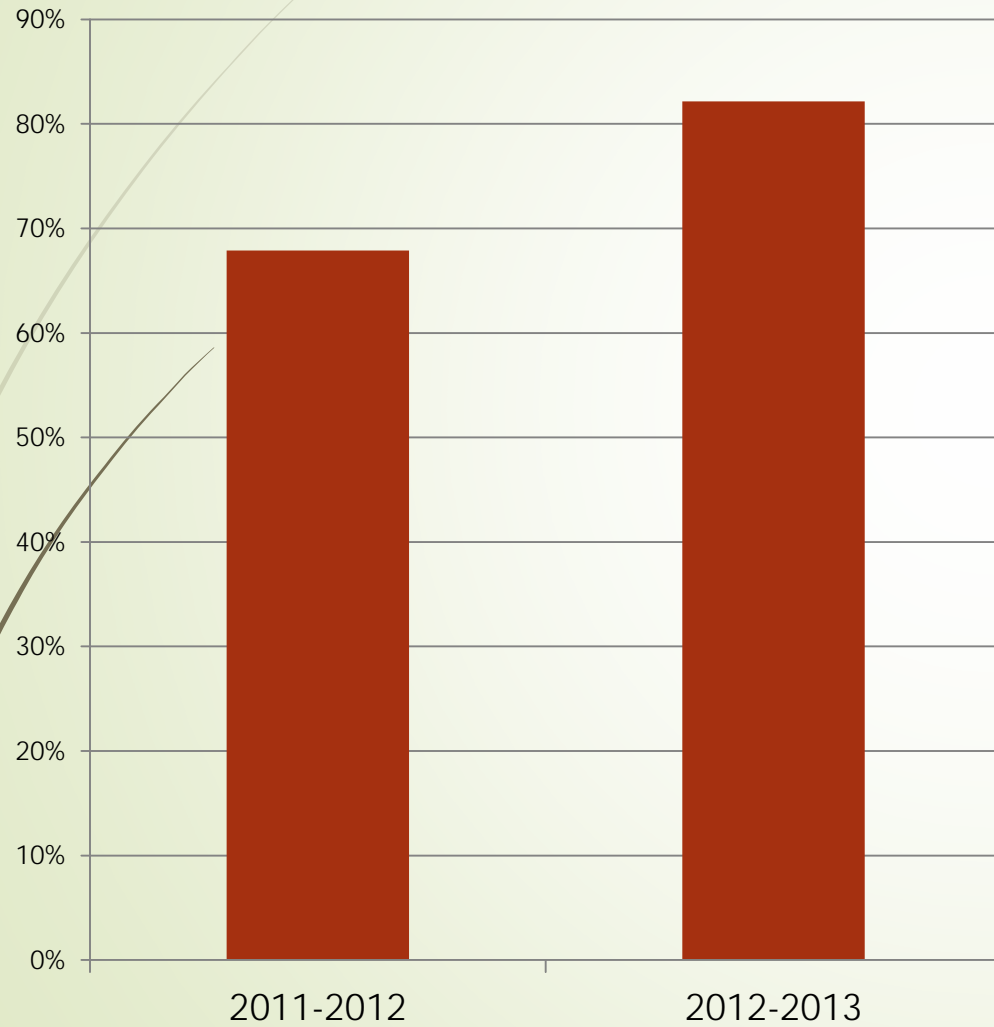
Mental Health Internship Programs



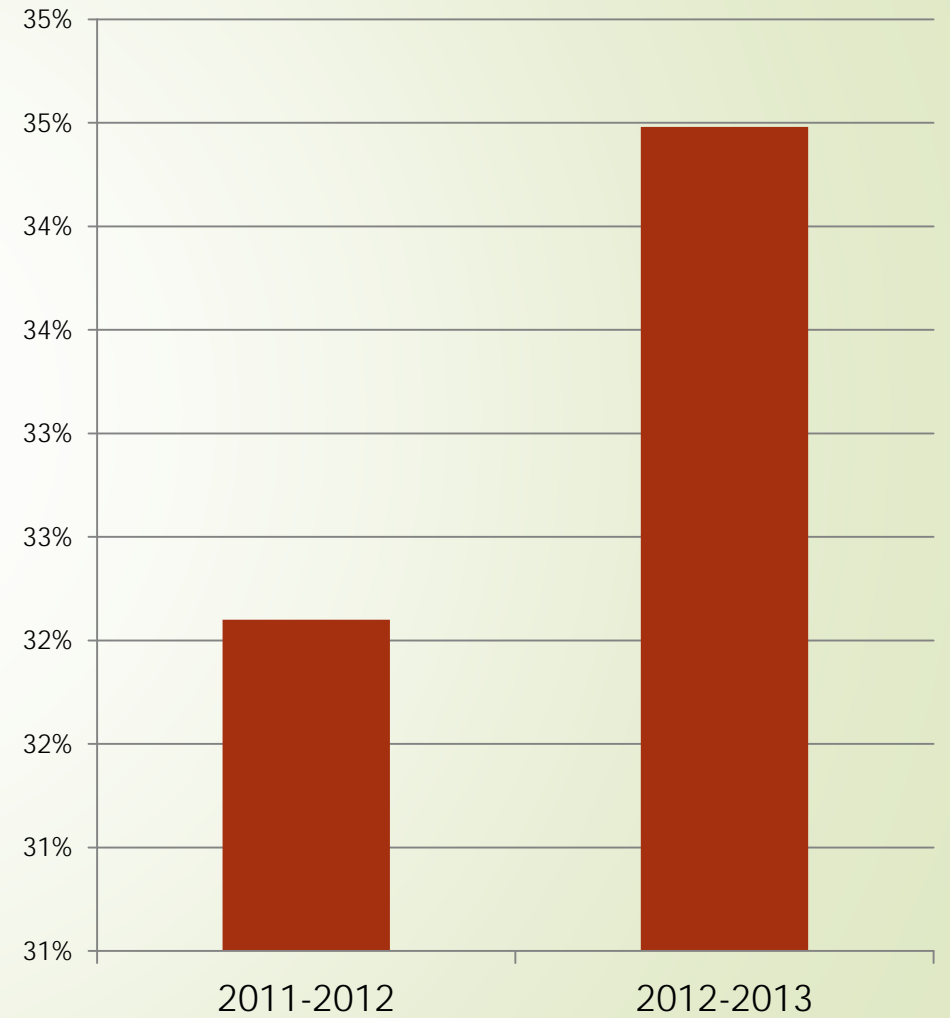
Colleges Providing Psychotropic Medications



Colleges with a Behavioral Intervention Team (BIT)



Colleges providing SBIRT services



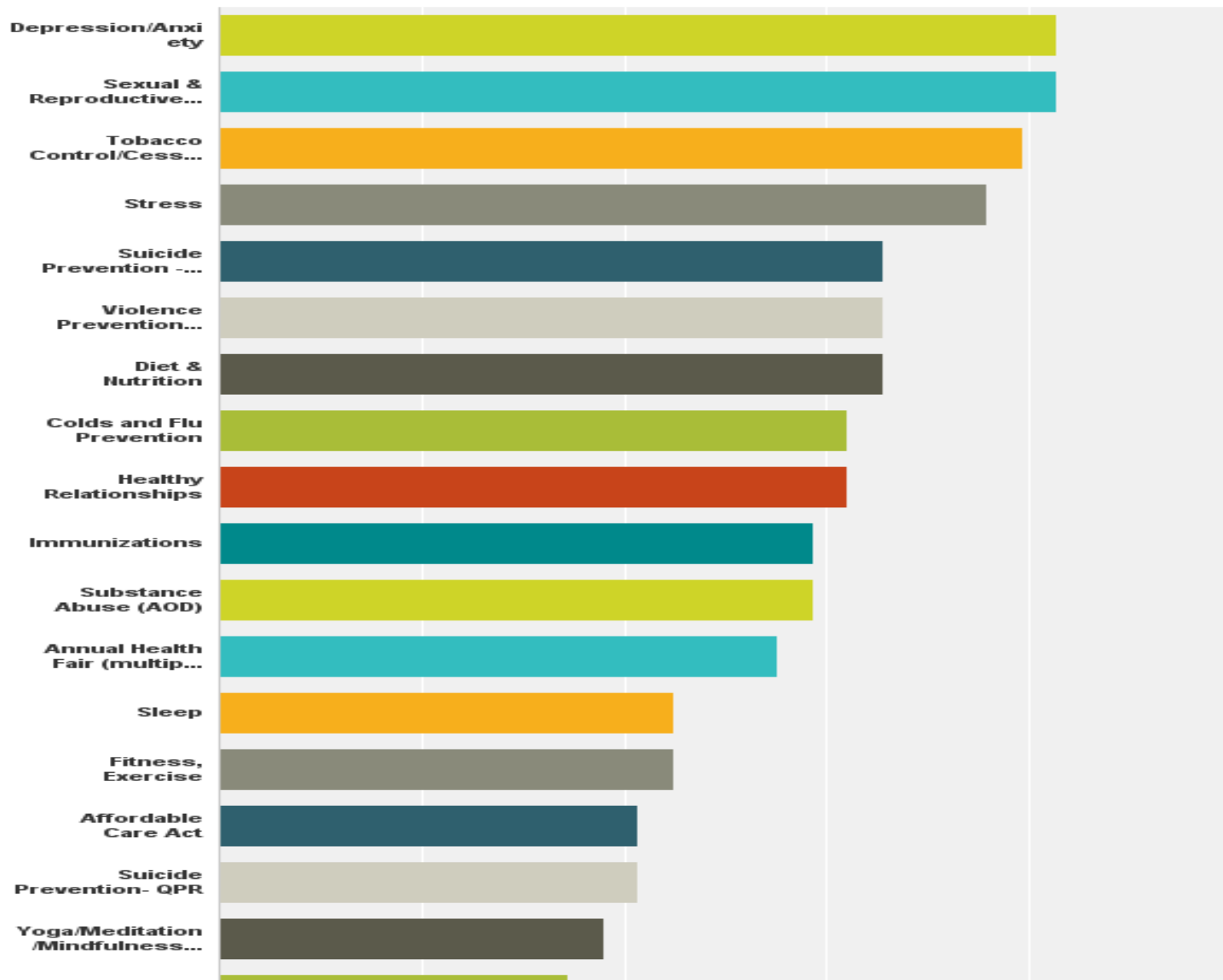


Health Promotion and Education

- 100% of health services provide classroom presentations
- 97% of health services provide health awareness events
- 86% of health services provide open workshops and seminars
- 45% of Student Health Services departments have a Facebook page.
- 37% of colleges utilize the Student Health 101 online magazine
- 35% of health services work with faculty on curriculum infusion projects
- 31% of health services have certified health educators and/or prevention specialists working
- 14% of colleges reported a structured peer support/education program

Q43 Please indicate the types of specific health education and awareness events you provided at your college during the 2012-2013 year? (check all that apply)

Answered: 29 Skipped: 1





Thanks to everyone that
participated in our data
collection projects!

Let's all put it to good use!